Headline: Serial ADA plaintiff targets Salinas shops

By KELLY NIX

HEADS UP, Monterey Peninsula business owners. A wheelchair-bound disabled man who’s filed more than 800 lawsuits alleging violations of disability access laws has taken aim at more than a dozen mom-and-pop shops in Salinas, and the Peninsula could be his next target.

Since July 5, Orlando Garcia — with the help of a San Francisco law firm that prosecutors in two major cities have accused of “shaking down” businesses — has filed 13 civil complaints in Monterey County Superior Court. Garcia and his attorneys allege the Salinas shops, bakeries, laundromats and other small businesses he visited earlier this year had inadequate or nonexistent disabled parking, high countertops, tight door handles and other obstacles that made it difficult for him during his visits.

Garcia readily admits that he’s a “compliance tester,” meaning he went to the 13 businesses he later sued with the intent of determining if they were compliant with accessibility laws.

Represented by the Center for Disability Access, a division of the Peter Handy law firm, Garcia and his attorneys boast of their litigation prowess.

“In the year preceding the filing of this complaint, Garcia has filed approximately 634 lawsuits alleging violations of construction-related accessibility standards,” according to a July 19 complaint Garcia filed against the owners of La Mariposa Bakery & Deli in Salinas.

The bakery on North Main Street owned by Marcelino Rocamora, Jr. had no van-accessible disabled parking spots, and there were slopes that exceeded 2.1 percent in the spaces reserved for disabled persons, Garcia claims.

Represented by the Center for Disability Access, a division of the Peter Handy law firm, Garcia and his attorneys boast of their litigation prowess.

Carmel Gives, which made its first grant a month after it was formed. Since then, Allen’s real estate team of 10 has donated 5 percent of their commissions to the fund, and those impacted by the coronavirus pandemic, has distributed more than 100 grants.

The selection comes after a lengthy search, and those who conducted it are thrilled with their choice. “Grete Pedersen possesses an exceptional ability to connect with and inspire every musician to give their very best for her, for each other, and for our patrons,” John Young of the Bach Festival, board president Cyril Yansouni announced.

Pedersen has been named artistic director and principal conductor of the Carmel Bach Festival, board president Cyril Yansouni announced Aug. 25.

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Sandy Claws

-connected to Kramer

Edmund offers the kind of love that swells the heart and soothes the mind, making us kinder and more patient without even trying. He’s so quiet, his presence often goes unnoticed, until people suddenly wonder how long they’ve been petting his soft, cream-colored curls.

Edmund, 7, is a Labradoodle who was a gift for Kramer, also a Labradoodle, who needed a companion. At first, it was Edmund who benefited from his big brother. In the end, Kramer was under his care. “Edmund was 14 months old when we got him from Lovable Labradoodles in Atascadero, the same breeder Kramer came from,” their person said. “We were instantly in love. Kramer, not so much. He’d look at him like, ‘Who is this, and why is he here?’"

Whenever Kramer wanted to get away from Edmund, he slipped through the doggie door and out into the yard of their Carmel Valley home. The only thing Edmund understood about the door was that it made Kramer disappear. The day their couple was greeted by Edmund as they came through the gate, they realized he had figured it out, and Kramer’s solitude was over. Any time Kramer went into another room, Edmund followed him. Although he was half Kramer’s size, people assumed they were related. In time, they became inseparable, until the day Kramer, 11, died on the way to the vet. Edmund, 5 years old, was bereft. Everybody was.

Today, Edmund stays as close as possible to his people, just to be sure of them, even at the beach. He’s a little unsure of other dogs, possibly aware that he won’t please, just to be sure of them, even at the beach. He’s a little unsure of other dogs, possibly aware that he won’t

Meet Marlowe!

Marlowe came to AFRP as a stray dog from the local Shelter. He is an active dog that loves to play and adores his humans. He would make an excellent running or hiking buddy, and learns very quickly. Visit the AFRP website to read more and fill out an online application.

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City welcomes dozens of new workers

City Council chambers were packed at a meeting earlier this month, when the nearly 30 people hired in the past year came to introduce themselves. “I think you’d be hard pressed to find any agency in California that would be able to fill that many positions in such a short amount of time,” city administrator Chip Rerig said Aug. 2. “We have a very rigorous process. We want to make sure people understand our village values and our organizational values. We’re honored we have such a wonderful cadre of people who have joined us.”

The newcomers include Police Chief Alan Ward, who was sworn in early June, as well as police officer Tim Ament, who came from Monterey P.D., and officer Ricardo Mendes, who returned to the city after leaving for a short stint with the Monterey County Sheriff’s Office. CPD also got two more police services officers.

“Stolen”

The library gained a half-dozen new employees, including librarians Lee Ann McDonald and Aubrey Young, and the planning department has two recent arrivals, Katherine Wallace and Suray Nathan, as well as a new administrative coordinator.

Building inspector Diane Dauphinie joined the payroll in March, followed by code enforcement coordinator Aaron Campbell in June.

The new finance manager is Thom Levendowski, “who we’re very fortunate to have stolen from the City of Monterey,” Rerig noted.

He almost forgot “Supermom,” new city clerk Nova Romero, who started work in city hall in mid-June.

Matt Nihenson filled the long-vacant paramedic spot on the ambulance last October, and the department covering public works, forestry, parks, beach and environment gained five people.

“Council, you directed me to fill a bunch of positions last year, and we’ve done a wonderful job,” Rerig said. “This is a good thing that came out of a pandemic. I’m honored and thrilled to have everyone here.”

‘Enjoy every minute’

One by one, the new workers introduced themselves and thanked the council for their jobs.

“I’ve been here eight months and enjoy every minute,” Nathan said, and Campbell told the council, “I’m sure you’ll have lots of questions for me and places to go and fingers to point.”

Dauphinie said he has felt very welcome here and is “loving my new job.” Police services officer Christina McGovern said that after 24 years in education, she was very happy to join the city. “I enjoy writing and photography,” she said. “That would be part of my job” doing parking enforcement.

Tree care specialist Eric Miller said he was born and raised on the Monterey Peninsula and is “happy to still be on the Peninsula,” and maintenance worker Michael Wood brought his father, Les Wood, who was “excited to come to the council meeting.”

Juanita Menig, an administrative coordinator in city hall, is also local and has three kids in the Carmel Unified School District. “If you see me at River or Carmel or Carmel Middle, I hope you give me and my kids a greeting,” she said.

Young said her job at the library is her first in that career. “Carmel-by-the-Sea will be my background, so thanks for giving me such a great start in my field,” she said, while McDonald has worked in libraries for years and is glad to be back in California after serving in the City of San Antonio, Texas.

“We planned to take you all to lunch,”

See WELCOME page 26A
**Princess**

3 years old

Meet Princess! She’s 3 years old and wonderfully sweet. She can’t wait to give you all of the love in her heart. Meet her at the SPCA!

---

**Clay**

8 mos. old

Clay is so adorable! He is 8 months old and just loves to snuggle, get pets, and make his humans smile. Clay is available for adoption at the SPCA!

---

**TUESDAY, AUGUST 9**

**Pacific Grove:** Found phone surrendered to the police station. Item returned to owner.

**Pacific Grove:** A 44-year-old female on Forest Ave. found to have four outstanding misdemeanor warrants.

**Carmel area:** A female transient at the Crossroads took a male transient’s phone, which was later recovered by the victim in some bushes. Prosecution not desired. 

**Pebble Beach:** Resident on Stevenson Drive turned over a firearm for destruction.

**Carmel Valley:** Report of identity theft on Quail Canyon Lane.

**Big Sur:** A dog bit his owner and another dog.

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**WEDNESDAY, AUGUST 10**

**Carmel-by-the-Sea:** Units responded to a disturbance between two dog owners at Lincoln and Seventh. While Party 1 was passing Party 2’s dog from between two cars, an altercation occurred. Party 1 said her dog was grabbed on the back by Party 2’s dog; however, there were no injuries. Party 2 stated his dog did not grab ahold of the other dog. Both dogs were on extendable leashes. Both parties were advised of educational information.

**Pacific Grove:** Subject was paddleboarding near Lovers Point when a shark struck his board and bit his board. Paddleboarder and his dog were uninjured and were able to make it to shore safely. Fish and Wildlife assisted.

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**Thursday, August 11**

**Carmel-by-the-Sea:** Stipulated judgment that resolves wage theft allegations related to two former owners at Lincoln and Seventh. While Party 1 was passing Party 2’s dog from between two cars, an altercation occurred. Party 1 said her dog was grabbed on the back by Party 2’s dog; however, there were no injuries. Party 2 stated his dog did not grab ahold of the other dog. Both dogs were on extendable leashes. Both parties were advised of educational information.

**Pacific Grove:** Pico Place resident reported theft from a mailbox.
POLICE OFFICERS arrested a convicted car thief Aug. 7 after catching him with a motorcycle that had been stolen from a home in Santa Cruz nearly three months earlier, according to Carmel Police Sgt. Michael Bruno.

New officer Tim Ament and officer Joe Martis were driving on Seventh near Lincoln at around 3:15 p.m. when they noticed that a black motorcycle approaching the intersection didn’t have a license plate.

“The motorcycle took a series of quick turns, and both officers lost sight of the motorcycle before they could conduct a traffic stop,” he said, but about five minutes later, they saw it again on Rio Road near Highway 1 and pulled the rider over. As Ament spoke with 30-year-old Castroville resident Antonino Ruvalcaba, he saw the plate was there but had been bent upward so it couldn’t be seen, according to Bruno. Upon bending it down, reading the numbers and running the plate through a records check, Ament learned the bike was stolen.

Meth pipe Any drama, and Ament found a meth pipe in his pocket when patting him down, Bruno said. Ruvalcaba also had a suspended driver’s license, was on probation in Monterey County for burglary and has a prior conviction for stealing vehicles in 2016.

The officers arrested Ruvalcaba without any drama, and Ament found a meth pipe in his pocket when patting him down. Bruno said. Ruvalcaba also had a suspended driver’s license, was on probation in Monterey County for burglary and has a prior conviction for stealing vehicles in 2016.

GREAT WHITE ATTACKED PADDLEBOARDER

By KELLY NIX

The shark that chomped a man’s paddleboard off Lovers Point earlier this month was the same species and roughly the same size of the shark that bit and seriously injured a man in June, according to eyewitness accounts and the results of a DNA analysis released this week.

On Aug. 10, a local man and his German shepherd were on a paddleboard about 150 yards from Lovers Point Beach when a shark knocked the board and bit down on it, causing them to fall off the board. They got back on the board and were unharmed. The incident followed a July shark attack that seriously injured Steve Bruemmer.

Good size

According to an analysis of the most recent shark’s DNA, it was a great white, the same species that bit Bruemmer. Based on bite measurements and eyewitness accounts, the shark that chomped down on the paddleboard was estimated to be 14 to 16 feet long, “with 16 feet being the most likely estimated size," according to John Ugoretz, pelagic fisheries program manager with California Department of Fish and Wildlife.

Chris Lowe, director of the California State University Long Beach Shark Lab, worked with fish and wildlife to estimate the size of the shark. However, we may never know if the shark that attacked the paddleboarder is the same great white — estimated to be 14-15 feet — that attacked Bruemmer on June 22.

“CDFW doesn’t have the ability to identify a specific shark involved in an incident,” Ugoretz said.

He characterized the two shark attacks off Lovers Point beach as “likely a coincidence.”

“There is really no indication that shark incidents are increasing, especially ones that cause injuries to people,” Ugoretz said.

He said shark attacks on people are “extremely rare” and said the most recent was the 204th incident since 1950, with 109 resulting in injury.

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City releases wireless ordinance

By MARY SCHLEY

THE PLANNING commission is set to consider three new ordinances governing the installation of cell towers in town at its Sept. 14 meeting, and planning director Brandon Swanson released the drafts Wednesday evening.

“A full staff report will come out closer to the hearing, but in the interest of giving everyone adequate time to review these documents, they are going out ahead of the staff report,” he said.

The three proposed laws will govern wireless facilities on private residential and commercial property, wireless facilities within the public right of way, and wireless facilities that fall under “existing facilities request” regulations. Meanwhile, members of an anti-cell tower group hired their own lawyer to draft a law that’s been circulating for a while, and which they have asked the city to use.

Swanson reminded readers that the ordinances written by the city’s lawyers are just first drafts that can be changed based on feedback, concerns and public comments. After the planning commission approves them, they’ll undergo at least two hearings before the city council.

How to comment

Planners are also drafting checklists that will accompany applications for installing cell towers. They won’t be part of the new laws but will be presented to the commission Sept. 14 for feedback as well.

Swanson encouraged anyone with questions to email him at bswanson@cbts.us or call (831) 620-2024. The drafts should be available at ci.carmel.ca.us. He also thanked residents, including those active with the Stop Cell Towers group, for being involved in the process.

Low-flying plane startles valley

By CHRIS COUNTS

A VINTAGE airplane caused a stir after flying over Carmel Valley Aug. 19, with some residents contending it was flying “dangerously low” over homes. The topic lit up the feed of a Facebook page that’s dedicated to Carmel Valley news and events and sparked a debate.

According to the resident who started the online conversation, the overflights commenced Friday about 1 p.m.

“I heard a loud roar,” longtime local Teri Scarlett told The Pine Cone. “I’ve never seen an airplane fly that low.”

A flurry of posts from others confirmed that an airplane was flying over their neighborhoods at an elevation rarely seen. One resident said it “rattled” her windows. “It was less than 50 feet over our heads,” another commented. And one man reported that it spooked his horses.

Several of those who commented identified the airplane as an amphibious aircraft known as a Grumman HU16 Albatross. Daniel Kahn, a spokesman for The Quail automotive event, confirmed the model and make, and told the newspaper that it’s owned by one of the participants in the event, Meyers Manx — although he said Aug. 19 flight was not an official part of The Quail.

Not everyone was upset about the daring pilot. One person observed that Car Week raises millions every year for charity and the local economy, while another bashed their neighbors for being noisy. “This whole thing reads like a bad HOA meeting,” he wrote.

Another who posted speculated that the airplane wasn’t flying as low as it appeared to be because it is so large.
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She described the needed repairs as “more significant than just routine maintenance,” as required for a Mills Act property, and includes termite mitigation, duct work, moisture mitigation, new pipes, repairs to ducts, insulation, leak repairs, new roofing, restoration of the original front door and windows, repairs to stucco, new paint, repair of dry rot, mitigation of significant interior mold, replacement of non-historic light fixtures, repairs to stonework, landscaping and tree pruning. The estimated cost over 10 years is $526,000. Wallace said the repairs would comply with the Secretary of the Interior’s Standards for the Rehabilitation of Historic Properties and noted the couple must also promise to make no significant changes to the exterior, including increasing floor area by more than 15 percent or adding a sec- ond story.

She recommended approving the Mills Act contract because it would “represent an equitable balance of public and private interests and will not result in substantial adverse financial impacts on the city.”

House shouts “Carmel”

According to city policy, a maximum of 15 Mills Act contracts can be approved in a three-year period. The council approved one in 2019 and earlier this month narrowly OK’d an agreement with hotelier David Fink for the former Colonial Terrace Inn, the first commercial property to receive tax breaks in exchange for rehabilitation and preservation. Work is underway there now.

She also noted that the value of historic preservation offsets the loss of revenue to the city, and principal planner Marnie Waf- fle told the board that 11 homes in the city have Mills Act contracts, which run for at least 10 years but can’t go longer than 20.

“I think this is an amazing historic cottage,” board chair Erik Dyar said. “I’m grateful you’re taking this on, and I’m surprised it wasn’t on the inventory, too. It really is a spectacular piece.”

But he objected to a metal railing and set of spiral stairs that were added some- time in the 1980s to provide access to the attic, where the water heater and other equipment are located. The rest of the board was less concerned, however.

“The guardrail doesn’t bother me,” member Karyl Hall said. “I assumed it was for safety.”

After a bit more discussion, the board voted 4-1, with Dyar dissenting, to add the house to the historic register and re- commend the city council OK the Mills Act contract.

Last December, Christopher and Adri- enne Ludwig paid $3,026,000 for the “Frederick Ten Winkel House” on the southeast corner of San Antonio and Fourth. The light-pink house was designed and built by M.F. Murphy in 1925 for a man who operated a furniture and hardware store on Ocean Avenue, and it was added to the historic inventory in 2005 following the city’s sweeping review of potentially significant properties a few years earlier.

“The maintenance plan they have sub- mitted is more significant than routine and is sufficient in scope,” Wallace said, including restoring and repairing the stone chimney, hedge, exterior paint, exterior iron features like shutter hinges, gut- ters, the foundation, windows, doors and roofing materials. They also plan to update the old knob-and-tube electrical wiring, fix leaking pipes and fixtures, and update the gardens, all at an estimated cost of $445,000 over 10 years.

“This house is on such a prominent cor- ner, and it already has so much charm,” Christopher Ludwick told the board. “This became a dream come true in our lives a lot earlier than we expected.”

He said the historic home “really shouts, ‘Carmel,’” and that it represents “everything that attracted us about this city in the first place.”

Board member Kathryn Gualtieri com- mented the Ludwicks for their desire to preserve their home.

“Carmel is very lucky to have young homeowners such as the past two appli- cants—we’ve had wishing to purchase and rehabilitate these very historic houses that we’re all so proud of,” she said.

“Your excitement about this house is infectious,” Dyar added.

He called approving the Ludwicks’ Mills Act contract “a no-brainer,” and the rest of the board agreed with a unanimous vote.

Older than the city

Nancy Sturm and Gavin Miller’s home on Monte Verde northeast of Ninth was constructed by an unknown builder in 1906—a decade before Carmel became a city—for a man named Enoch A. Lewis and is considered historic because it is “one of the few homes from the early 20th century conveying a strong sense of time and place, and of feeling and association with early Carmel,” according to histor- ical consultant Kent Seavey. Like many other properties reviewed by Seavey two decades ago, it was added to the inventory in 2005.

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TAX BREAK
From previous page

Wallace recommended approving Strom and Miller’s Mills Act Contract, which calls for $182,450 in work over the next decade, including replacing, repairing or rehabilitating the front stairs, side stairs and landing; a studio/shed on the property, electrical and water systems, windows and doors, exterior paint, the roof, chimney, gutters and drainage.

Strom told the board she was getting emotional just listening to Wallace’s presentation. “I just feel very protective and very fortunate that we have this house,” she said. “My husband and I have always felt all along that we are custodians of the house,” which according to county records last changed hands in May 2014 for $1,525,000.

“We’re so fortunate to live here, and the three houses we’ve seen that are applying for Mills Act consideration are so different, but so great,” commented board member Jordan Chroman. “The owners are trying to do the right thing.”

He said he was “fully in favor” of their Mills Act proposal, and the rest of the board unanimously agreed.

Council next

The next step for all three homes is to get approval from the city council, where councilman Jeff Baron has consistently expressed concern over the potential loss of revenue to the city and the Carmel Unified School District, which is mostly funded by property taxes.

At its Aug. 2 meeting, the council voted 3-2 in favor of Fink’s Mills Act application for the Colonial Terrace Inn, which is being rebranded as the Carmel Beach Hotel & Spa and is owned by Monaco businessman Patrice Pastor. Council members put off voting on Fink’s application for a Mills Act contract for his L’Auberge Carmel hotel, a property that Pastor also owns, at his request, because it was poised for denial due to Baron’s concerns.

Doc: Covid cases to increase in fall

By KELLY NIX

WHILE MONTEREY County is currently seeing a decline in coronavirus-related hospitalizations and case rates, a Monterey physician is warning that those metrics will soon be on an upward trajectory.

On Thursday, the Monterey County Health Department reported 26 Covid-related hospitalizations, a seven-day test positivity rate of 11.6 percent and a case rate of 19.6 per 100,000 people.

“We have lived through a few cycles of the ups and downs of Covid-19 and can anticipate that the spread of the virus will pick up again in the fall,” Dr. Martha Blum, Montage Health medical director of infection prevention, told the Pine Cone. “As our children return to school and we head indoors for more events, we can anticipate that the spread of the virus will pick up again in the fall.”

The fall will also likely mean the return of a virus that for the past couple of years took second billing to Covid — influenza.

“This year we can also anticipate the return of influenza to a larger extent after a couple of years of very low or no circulation,” Blum said.

A new vaccine that works against the original Covid-19 strain and the highly-transmissible omicron variant should soon be available to the public. However, older people and those with health problems who are eligible for a booster shot may want to consider getting the original booster and the influenza shot at the same time, since it’s unclear when the new vaccine will be available, Blum said.

“The original vaccine currently available still provides excellent protection against severe disease, hospitalization, and death from Covid-19,” she explained.
County planning commission OKs home despite tangle over trellis, arbor

By CHRIS COUNTS

AFTER the county’s planning staff concluded that the addition of a trellis and an arbor would make a proposed home in Pebble Beach too large, the Monterey County Planning Commission unanimously approved the project anyway Wednesday — and several commissioners suggested that a policy is needed to resolve whether a trellis or arbor should be considered part of a plan’s overall lot coverage.

The owner of a home at 1458 Ruta Road — listed as the Kelly Davis Trust — wants to tear down an existing house and replace it with a 3,464-square-foot garage and a 344-square-foot guest-family dwelling, along with a 476-square-foot trellis and arbor.

The owner’s attorney, Tony Lombardo, told The Pine Cone.

According to county papers, the maximum coverage for the lot is 4,617 square feet. Without the trellis and arbor, the coverage comes to 5,962 square feet.

New interpretation?

At Wednesday’s hearing, county planner Fionna Jensen said the trellis and arbor should count toward the proposed home’s lot coverage. But attorney Tony Lombardo, representing the property owner, called the county’s stance “a new interpretation” — and said it’s something that shouldn’t be done arbitrarily.

See TRELLIS page 19A

P.G. SKATEPARK COULD GO NEAR HOMES

He asked the board to recommend to the Pacific Grove City Council that it consider George Washington Park, which also has picnic tables, as the primary location for the skatepark.

In what is likely to draw opposition from some residents, about 25 trees may need to be removed to make room for a skatepark, Gho explained. There are homes across the street from the park on Alder and Sinex. It’s not clear how those residents feel about a skatepark, which can generate significant noise.

Ruled out

Other possible locations were Caledonia, Berwick and Arnett parks, but “insurmountable factors” made them “infeasible or undesirable,” Gho said. Among the issues were parking, traffic flow challenges and close proximity to several residences.

School district property off Forest Lodge Road was identified by Gho as a secondary location.

See SKATEPARK page 15A
Celebrating over 30 years on the Peninsula

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Neither wild nor domestic, barn cats still need people — and you can be one

By CHRIS COUNTS

Most of the animals the SPCA Monterey County cares for can be placed into one of two categories: wild or domestic. The animal welfare group’s task is pretty straightforward — release the wild animals back to nature and find homes for the domestic ones. But there’s also a third category, and in it is a common but somewhat misunderstood animal, the feral “barn cat.”

For the SPCA, it’s no small challenge figuring out what to do with all the feral cats it receives, since they’ll never be domesticated enough to live inside.

“It takes a very special person to adopt a kitty who might never want to be petted,” Beth Brookhouser of the SPCA told The Carmel Pine Cone.

Since feral cats are usually wary of both people and the indoors, they tend to do best in places like Carmel Valley and Big Sur, where they can live outside, but be close enough to people to be fed regularly.

“Every year we receive hundreds of feral cats who are adults, and for all intents and purposes, are wild and can’t be kept indoors,” Brookhouser said. “We want to give these cats an option to live their lives, and that’s how our barn cat program was born.”

Not an easy life
As anyone who loves cats and lives in a semi-rural area can attest, they face constant threats. Besides the danger of being hit by a car, an attack from a coyote or an unsupervised dog can also take a cruel toll.

As a result, those who adopt barn cats need some outdoor infrastructure that can offer a place to hide, such as a barn, garage, toolshed or covered porch. “We ask people to have a place where a feral cat can escape a predator,” Brookhouser said.

Barn cats also need to be fed by people, despite the notion held by some that they can fend for themselves. Brookhouser said barn cats will still hunt mice and rats, even with full bellies.

“We ask that they get food and water,” she said. “They can’t live on mousing alone.”

The cost of adopting a barn cat is $25. All are spayed, neutered, vaccinated and micro-chipped. Also, one ear is clipped so they can be easily identified as spayed or neutered. “They won’t be making any more feral kittens,” Brookhouser observed.

Pick your color
If you live in a place where it’s suitable to adopt a barn cat, the SPCA might have just the right one for you.

“We have them in all colors, ages and genders,” Brookhouser reported. “Some are friendlier than others — what they have in common is that they can’t live safely as house pets.”

Brookhouser lives on a property with some “acreage and chickens,” and she has a couple of barn cats, including one who is more social than the other.

“One has decided he really likes us,” she added. “He doesn’t want to come inside our house, but if we go outside, he lets us pet him, and he rubs up against our legs.”

For more details about the SPCA’s barn cat adoption program, visit spcamc.org.
Council member addresses ‘campaign consultant’ payment

By KELLY NIX

A PACIFIC Grove city councilwoman said that she’s unaware of “any issues” related to a payment she made to the father of her child for “campaign consulting” services.

Jenny McAdams, who has announced she will not seek reelection in November, indicated on a state-required campaign statement July 16 that she paid $1,800 of her remaining campaign funds to Jeff Hadley, whom she lists as a “campaign consultant.” Hadley, a general contractor, operates Hadley Construction.

**Campaign rules**

The state’s Fair Political Practices Commission, which requires elected officials to complete the forms — states in a campaign manual that a “spouse or domestic partner of an elected officer or a candidate for elective office may not receive, in exchange for any services rendered, compensation from campaign funds held by a controlled committee of the officer or candidate.”

The FPPC Form 460 that McAdams filled out lists Hadley’s address only as Pacific Grove, with no street address, and calls him a “campaign consultant.” Online search databases show the same home street address for McAdams and Hadley, but the information could be outdated.

In trying to clear it all up, The Pine Cone asked McAdams if Hadley was her spouse or domestic partner, and if he’d previously been her campaign consultant. While McAdams would not say, she suggested there was nothing amiss on the FPPC statement.

**FPPC comments**

“Neither my treasurer nor the committee have been notified by the FPPC about any issues with my filings,” McAdams said. “I am pleased we were able to close out the committee to allow the Pacific Grove community to direct their attention and resources to current candidates.”

The Pine Cone could not find any public records indicating Hadley had previously worked for McAdams’ campaign. McAdams is employed by 4th District County Supervisor Wendy Root Askew.

Speaking generally, FPPC spokesman Jay Wierenga told The Pine Cone that the Council member addresses ‘campaign consultant’ payment

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Scoundrels pilfer Dennis statue from his own park

By KELLY NIX

An ICONIC Dennis the Menace statue at the Monterey park of the same name was stolen early Sunday morning, but city officials vowed to install a new one, and possibly surveillance cameras to accompany it.

Someone used a grinder to cut the 3-foot-high, $10,000 bronze statue — which was attached to a concrete base — and steal it from its location at Dennis the Menace Playground. The original statue, installed in the late 1980s, was stolen from the playground in October 2006, before the city installed another one a year later.

Asked if the city would replace the Dennis statue if the stolen one isn’t recovered, Monterey city manager Hans Uslar said it would, and that while it would also likely be bronze, other materials are “being explored.” He didn’t have a timeline on a replacement.

“We do not know,” Uslar told The Pine Cone. “We have to go through Hank Ketcham’s family to ask for permission to commission another one.”

Surveillance?

Dennis the Menace was a wildly popular cartoon strip by Hank Ketcham, a Pebble Beach resident before his death in 2001. Dennis the Menace Playground opened in 1956 with playground equipment designed by Ketcham and sculptor Arch Garner.

One option that Uslar said Monterey is considering upon See DENNIS page 26A
SKATEPARK
From page 10A

In making the site recommendation, Gho said city staff would begin a public outreach process that would include posting signs and an email address where residents can comment on the idea. A link to a “brief survey” will also be provided.

Not cheap

The city council earlier this year OK’d $158,000 of American Rescue Plan Act tax dollars to be used for a skatepark. The total cost will probably reach around $700,000, however, it’s not clear where the rest of the money will come from.

At last week’s council meeting, scores of parents and children, hoping to get a skatepark in sleepy PG, told council members of the benefits of skateboarding, including Noah from PG High School, who said a skatepark would be a “great addition” to the city that would encourage kids to get outside.

“I think it’s a great place for kids to build relationships and safely have fun,” said the teenager, who added that he usually goes to Monterey’s skatepark to ride his skateboard.

The cities of Seaside and Marina also have skateparks.

 agency’s manuals are “not, in and of themselves, the law. The law is the Political Reform Act, and it includes the regulations surrounding and regarding the act.”

Bad blood

Former Pacific Grove City Councilman Dan Miller first raised questions about McAdams’ $1,800 campaign payment to Hadley in the Pacific Grove Press, the newspaper he works for. In a column last week, Miller said Hadley is the father “of one of Ms. McAdams’ three children and has lived with McAdams for approximately 10 years.”

Of the $1,959.97 in remaining funds reported by McAdams, $1,800 went to Hadley and $159.97 went to Salinas resident Patricia Worth for accounting services, the statement says.

On June 16, McAdams was ordered by a Monterey County Superior Court Judge to pay Miller $3,990 in attorney fees after the judge determined that a restraining order she filed against him early this year was without merit and an effort to silence Miller.

Miller said McAdams gave him half the amount in July — shortly after submitting her campaign statement — but still has to pay more than $2,000, including interest.

PAYMENT
From page 13A

Drs. Enrique and Trischa Tuesta

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LOVE LETTER TO CARMEL VOL. 2

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Ward. “It was kind of an edger crowd,” he said of some of the people who were downtown Thursday evening. Many even seemed hostile, including a roaming group of seven to 10 people who were “fairly aggressive and threw a rock at one of the police cruisers.”

The rock hit back of Carmel PD’s new SUV, chipping the paint, but the officers couldn’t tell who threw it. “They had had run-ins with this group all evening,” Ward added.

When officer Joe Martis pulled a driver over at San Carlos and Seventh around 10:30 p.m. Thursday, the group descended on him, “and started to challenge him and get in his face while he was doing this traffic stop,” he said.

Martis called for backup as he prepared to arrest one of the aggressors, 18-year-old Holister resident Ricardo Maldonado.

When Martis went up to him, Maldonado resisted, “and they both went to the ground,” Ward said. “So now you have this group of 10 not-friends and the officer down on the ground grappling with this guy.”

Fortunately, officers from Marina who were helping with enforcement that night came to Martis’ aid, including former Carmel Police Sgt. Chris Johnson.

“They were the ones to assist Joe and take the guy into custody,” Ward said. They also arrested two 17-year-old males.

As that was happening, shortly after 11 p.m., someone reported a man in a car had a gun and was “threatening to kill people,” according to Ward. When they spotted the vehicle on San Carlos Street, officers conducted a high-risk stop with their weapons drawn and ordered 51-year-old Jesus Valdiviezo, resident David Daily out of his car.

“He was aggressive and noncompliant,” Ward said, and he was carrying a Taser that looked like a gun in a holster on his belt. “This landed up fighting with that guy and taking him into custody.”

Police booked Maldonado into Monterey County Jail on charges of obstruction and battery on a peace officer and released Daily with a citation to appear in court.

Other arrests
Ward reported several other arrests during the final few days of Car Week, when the city was at its busiest. At 12:15 a.m. Thursday, 67-year-old Gerald Carpenter from Joplin, Mo., was arrested for DUI after he was seen driving on San Carlos near Ocean. Police discovered he had a prior DUI offense in Missouri, and he was booked into county jail.

On Friday at 11 p.m., 23-year-old Ian Gabrielle from Mamaroneck, N.Y., was arrested for DUI on Highway 1, and on Saturday afternoon, Adolfo Ramirez-Perez, a 19-year-old from Seaside, was arrested for driving on a suspended license and being minor in possession of marijuana. He was released on a citation to appear in court.

And on Saturday shortly after 11:15 p.m., Cesar Perez, 41, from Seaside, was cited for driving on a suspended license, while on Sunday just before 4 p.m., 43-year-old Claggett Rains of Monterey was arrested for shoplifting and possession of methamphetamine after an antique knife and fork set valued at $475 was stolen from Robertson’s Antiques at Dolores and Seventh, according to Ward.

Rains also had a felony warrant out of Alameda County for grand theft, and he was taken to Monterey County Jail.

Cultural shift
In recent years, Carmel has become known as the Car Week destination for the high-end, rare supercars owned and driven by the wealthy visitors who stay in town. And with that have come not just gawkers and YouTubers looking to make names for themselves, but street racers and others wanting to show off their own automotive prowess. In 2019, organizing via social media, drivers in groups descended on the town, which they knew to have just two red light cameras in the city, and drivers were often heckled by onlookers, many using their phones to record every interaction. Several people were arrested.

In response, the city put up barricades to force drivers along a more circuitous route through downtown, shutting down stunting along the main street.

That practice has continued every year since, and the barricades were installed again during the busy nights this week, according to Ward.

On Friday night, Ward observed, the drivers were more problematic than the pedestrians when it came to cooperation with police, while Saturday “was probably the busiest night for pedestrians” and the exotic cars many of them wanted to see on the road.

All told, during the week of Aug. 15-21, Carmel officers stopped 123 drivers for violations, wrote 59 tickets and towed five vehicles, according to Ward. Parking citations numbered around 200.

Changes needed
The crowds, bad behavior — including drivers having a spotter tell them whether police were present and then doing stunts in the intersection of Junipero and Ocean if the coast was clear — may mean more changes and crackdowns during future Car Weeks.

“We will be looking at opportunities to fortunately or unfortunately close vehicle access earlier next year, reroute traffic, and continue to discourage the sidelines and the large gatherings of people who are there only for the sidelines,” city administrator Chrip Rerg. “We want to try to make the coming ‘to do something that’s inappropriate or destructive or dangerous’ are not.”

Rerg said he asked Ward to query his officers on where improvements could be made, and the city administrator plans to seek feedback from other department heads and the city council, too.

“Spectators take in our management of Car Week, I want to know about them,” Rerg said. He also wants to “take the council’s temperature on closing Ocean Avenue earlier when the crowds are anticipated for the large gatherings of people.”

He acknowledged that store owners “get upset when we close down the streets,” but he also pointed out that having crowds in the roads, medians and sidewalks while drivers are “seeing how fast you can go from stop sign to stop sign” is not safe.

“We already have a lot of visitors who walk out into the street without looking,” Ward added. “Add to that 5,000 people who are here to watch cars, and you have the possibility for someone to hit the gas and take out 20 people.”

Ward acknowledged the retailers who complain about the closures and the residents who complain the cops didn’t act quickly enough.

“I would apologize personally to anybody in the village who thinks we could have done more,” he said. “I’m new to this, but we’ll definitely get to work for next year and have a plan.”

Ward said he reached out to the chiefs in other cities and learned that Monterey had some of the same issues but had enough officers on duty to handle them, while Pacific Grove and Seaside reported no unusual problems.

search committee said.

A native of Norway and a professor at the Norwegian State Academy of Music, Pedersen founded the Oslo Chamber Choir in 1984 and has been music director of The Norwegian Soloists’ Choir since 1990.

“An ideal choice”
An associate conductor for the Bach Festival, Andrew Megill said he heard Pedersen “was the one person taking the helm. Megill called her “an ideal choice.”

“Grete Pedersen is a phenomenal musician,” he said. “Over the past three decades, she’s built a world-class ensemble. She is a deeply collaborative conductor, committed to exploring the human impulse behind any great work of art — and creating an atmosphere in which each artist is empowered to express themselves fully. We look forward to sharing many exhilarating performances, guided by Grete’s sure hand and loving hand.”

Pedersen replaces Paul Goodwin as artistic director and principal conductor. Goodwin stepped down after leading the festival since 2010.

“I am honored to work with Ms. Pedersen,” said the festival’s principal conductor. Goodwin stepped down after leading the festival since 2010.

Carmel in July
Pedersen said she is looking forward to making Carmel “my July home.”

“During my July appearance at the festival, I experienced an extraordinarily warm welcome, a wonderful sense of community, and tremendous collaborative energy,” she added. “The musical possibilities of the festival are really exciting. I look forward to creating engaging programs with my colleagues, sharing them with the patrons, and getting to know the lovely communities of California’s Central Coast.”

Pedersen replaces Paul Goodwin as artistic director and principal conductor. Goodwin stepped down after leading the festival since 2010.

| Pierre | Pierre is a handsome guy who has lost most of his vision with age but gets 20 minutes on a floor. His learning any floor plan! He’s loyal to his person and will follow you from room to room, just to “see” what you’re up to. Pierre is a 16-year-old, 16-pound, Neutered Male, Greyhound Mix.

If you’d like to meet Pierre, please fill out an online adoption questionnaire.

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Christine Durney Armanasco

Christine and David got married on September 9, 1979 at the Carmel Vineyard Chapel in Carmel Valley. Their friendship started at a very early age as their families were acquainted with one another. Over the years they became closer as good friends, and later, a deeper love developed as they became husband and wife. As a team, David and Christine balanced each other and encouraged each other to take chances and not to worry about failure, but to venture into new ventures and make an effort. There was never any judgment, only encouragement and profound belief in one another. It was a gift that truly defined only to be explored upon the deep love that they had for one another that knew no boundaries.

Christine enjoyed all things interior design and created a home from a house. Her design and recognition of the holidays was not only a tradition, but an all-out effort to make the spirit of each one of those special seasons evident throughout the house and in the garden. Never repeating, every year had subtle changes and she was forever perfecting the atmosphere for family and friends. Each Christmas morning we were awakened with the song, "Carol of the Bells" (instrumental) streaming through the house. As we do it together, we sing in the spirit before we present our presents and sites plates. As a mother and a home-maker, their dinner nights were a must. It was table-every night. Dedicated in going above and beyond for her children and family, she was remarkable in balancing work with family, finding time to visit different schools and to after-school activities. All the while never complaining or making issues of the demands. This was just a small example of her giving soul.

Christine loved her family, especially her children and grandchildren. She was a great-grandmother to her four grandchildren, and loved them deeply. She had a way of making everyone feel welcome and special. She had an infectious smile and a warm personality that drew people to her. She was always there for family and friends, offering a listening ear and a comforting presence.

Christine was a woman of great strength and resilience. She faced many challenges throughout her life, but she never let them define her. She faced each challenge with grace and determination, always finding a way to overcome adversity.

Our Mother

Christine Armanasco will always be remembered with love and gratitude. Her memory will live on in the hearts of all who knew her. She was a true inspiration and will be deeply missed.
NOBERT PETER KAMMER
May 18, 1936 – August 1, 2022

Nobert P. Kammer of Carmel, California, passed away on Monday, August 1, 2022, at the age of 86. Nobert was born in St. Paul, Minnesota, and is the second child of Hildegard Auguste-Victoria Ann Schoettke of Essen and Achim Michael Kammer of Gnadenfeld, Germany.

Nobert’s gregarious personality and spirit of civic engagement was evident at an early age. Till the day he died his greatest love was to help anyone in need. It is not surprising that his ambition as a young man was to work in the hospitality industry. He received a BS in hotel management in 1958 from the famed New York School of Hotel Administration at Cornell University.

On April 21, 1963, Nobert became a member of the Bahá’í Faith. Nobert once recalled, “My blessing after finding the Faith was home-front pioneering to the Bahá’í Temple in Seaside, where I was able to build a house into which I moved my parents to care for them until they died.” Nobert remained a resident of Carmel for the remainder of his days.

Throughout his time in Carmel, Nobert held various and sundry vacations, including hospitality management roles at La Playa Carmel, Del Monte Lodge (now The Lodge at Pebble Beach) and the Pine Inn. His true passion — second only to his Faith and the people he loved — was the theater. As his neighbor of 30 years prophetically mused in 2012, “I hate to think of Novy [Nobert’s nickname] retired. I am not sure how the world gets by without his gregarious personality and spirit of civic engagement.”

Nobert retired from the theater in July 1990, listing his new role on LinkedIn as “Enjoys helping others with whatever need arises, within my capabilities and physical strength.” This truly captures the enduring, magnanimous spirit of civic engagement that moved the family to Nevada and Washington, settling back again in California. Joan stayed at home to raise their children and care for their parents.

At an early age, Nobert lost his parents to care for them until they died. Norbert is an active Carmel character, known for his colorful personality. He was cherished for his unconditional kindness by all who loved him, as so many did.

Nobert’s life is too expansive to cover in a modest obituary. A full biography can be requested by emailing Charles Fuller at cfeg2@gmail.com. Copies will be available at his funeral.

Services for Nobert Kammer will be held at the California Central Coast Veteran’s Cemetery at 2900 Parker Flats Road, Seaside, California, on Monday, August 29, 2022, at 11 a.m. All visitors are welcome.

“The earth is but one country and mankind its citizens.” — Bahá’í’ullah

JOAN FRANCES LAVAUN

Joan Frances LaVaun passed away on August 15 at the age of 92 years. Her purpose in life was to be a loving and supportive wife and to raise her children to be happy, healthy, kind and contributing members of society.

Joan was born in Albany, California to John Frances Jr. and Thelma Galvin. Her sister, Patricia “Pat,” welcomed her with open arms and called her “Toni.” The two of them were planted at the high school level. Pat was typically the leader and Toni would follow, oftentimes into mischief. As children they were surrounded by many family members who played a significant role in their upbringing including her Aunts Frances and Ruthie; as well as their grandparents who all lived close by. Her grandfather, John Galvin, owned The Richmond Independent newspaper and he and his wife were integral parts of the local society.

Joan attended parochial school throughout her education. She attended Notre Dame in Belmont and received her B.A. in 1967 from Holy Names High School in Oakland. As a young girl, her grandfather wanted her to be an independent young lady. In her teen years, she was employed by the local post office and her grandfather’s newspaper’s advertisement department. She was excited to “get something extra” for her Monroe Peninusula College where she met the “Love of her Life.” Ron LaVaun. Joan began working as a secretary at State Farm and met many life-long friends. Ron fell “head over heels” for Joan and they were married in 1951.

They made their home in the Monterey area close to her sister, Pat, and Wilson Smith. Joan and Ron were blessed with four children, Treagé LaVaun (Peter Nornick), Kathleen LaVaun (Steve), Stephen LaVaun (Deborah) and Mary Ortalda (Bob). Pat’s sons, Mark and Chris Smith, and the LaVaun children and grandchildren hold fast to their hospitality roots of their Carmel heritage.

She was also known as the “taxi driver” as she would manage to get all four children to their after-school activities, which moved the family to Nevada and Washington, settling back again in California. Joan stayed at home to raise their children and care for their parents.

At an early age, Joan lost her parents to care for them until they died. Norbert is a real Carmel character, known for his colorful personality. He was cherished for his unconditional kindness by all who loved him, as so many did.

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PUBLIC NOTICES

CITY OF CARMELO-BY-THE-SEA

NOTICE OF NOMINEES FOR PUBLIC OFFICE

NOTICE IS HEREBY GIVEN that the following persons have been nominated for the offices designated to be filled at the General Municipal Election to be held in the City of Carmel-by-the-Sea on Tuesday, November 8, 2022.

For Mayor:
- Doug Pottle

For Member of the Council:
- VOTE FOR MORE THAN ONE

Diane Zum Brunnen

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For Mayor:
- VOTE FOR MORE THAN ONE

Terry Magrino

For Member of the City Council:
- VOTE FOR MORE THAN TWO

Alyssandra Dramov

City Clerk
Carmel-by-the-Sea, CA
Dated: August 23, 2022
Published Date: August 26, 2022
‘Facing Seaside’ boosts businesses while teaching kids photography

HELPING YOUNGSTERS improve their photography skills while raising awareness of the local business community, the Weston Collective in Seaside begins the second phase of its ongoing Facing Seaside Exhibition. In the first phase, which was unveiled in March, executive director Zach Weston and photographer Jake Thomas captured images of Seaside businesses and the people who make them thrive. In the next phase, students will take the photos.

“The students are all in the collective’s after-school photography program,” Weston told The Pine Cone. “They not only are able to increase their knowledge of photography, but they also get to meet some role models. We’re not just taking pictures, but we’re interviewing the people behind it.”

Weston noted that the collective’s after-school program started last September with just two students, but now the enrollment is up to 12. “We’re very excited about the project,” he added. “Facing Seaside” is funded by grants from the California Arts Council, the Chapman Foundation and the Arts Council for Monterey County. For more details, visit thewestoncollective.org.

■ ‘Being There’ at Venture Gallery

Revealing the beauty and mystery of the local surroundings, painter Dee Steiner shares her latest creations in “Being There,” a show that opens Thursday at Venture Gallery.

“So very often, when people see my work they tell me, ‘I feel like I am there,’” Steiner said. “To me, there is no more compliment than as she viewed a solitary figure in one of my paintings who was looking out towards the ocean. I asked her why the painting made her cry, and she told me it represented some time alone in peace — I treasure that memory.”

Steiner infuses her seascapes and landscapes with a strong sense of feeling. “When I choose a subject, it must evoke my emotions,” she explained. “The curves, the composition, and the majesty of where we live is all part of the excitement of creating art.”

The gallery, which is located in the Portola Hotel at 260 Alvarado St., hosts a reception for Steiner Sept. 2 from 5 to 8 p.m. The show will be on display through the end of September.

■ Murals herald West End party

A team of artists has been busy creating murals in advance of this weekend’s West End Celebration in Sand City.

According to festival founder Steve Vagnini, the mural project will culminate with a show at the collective some time next winter. “We’re very excited about the enrollment is up to 12. “We’re very excited about the project,” he added. “Facing Seaside” is funded by grants from the California Arts Council, the Chapman Foundation and the Arts Council for Monterey County. For more details, visit thewestoncollective.org.

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According to festival founder Steve Vagnini, the mural project will culminate with a show at the collective some time next winter. “We’re very excited about the enrollment is up to 12. “We’re very excited about the project,” he added. “Facing Seaside” is funded by grants from the California Arts Council, the Chapman Foundation and the Arts Council for Monterey County. For more details, visit thewestoncollective.org.

■ ‘Being There’ at Venture Gallery

Revealing the beauty and mystery of the local surroundings, painter Dee Steiner shares her latest creations in “Being There,” a show that opens Thursday at Venture Gallery.

“So very often, when people see my work they tell me, ‘I feel like I am there,’” Steiner said. “To me, there is no more compliment than as she viewed a solitary figure in one of my paintings who was looking out towards the ocean. I asked her why the painting made her cry, and she told me it represented some time alone in peace — I treasure that memory.”

Steiner infuses her seascapes and landscapes with a strong sense of feeling. “When I choose a subject, it must evoke my emotions,” she explained. “The curves, the composition, and the majesty of where we live is all part of the excitement of creating art.”

The gallery, which is located in the Portola Hotel at 260 Alvarado St., hosts a reception for Steiner Sept. 2 from 5 to 8 p.m. The show will be on display through the end of September.

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**Peninsula Sports**  
*By DENNIS TAYLOR*

75th annual rivalry game they call “The Shoe,” because they’ll play for season-long bragging rights and one-year ownership of a traveling trophy made from a very old football shoe.

“It’s always a big game for our alumni and fans. And for us, winning The Shoe is the No. 1 goal for our program every season,” said Carmel High coach Golden Anderson.

The series: 39-33-2, Padres

Engravings on the trophy reveal that Carmel leads the series, 39-33, with two ties, and the Padres have outscored the Breakers 1,771 to 1,438 in the previous 74 games.

The tradition is so important to the schools that “The Shoe” was played during the pandemic year, in the spring of 2021, a season in which the Padres only played two games (they lost 58-28 to King City, then beat the Breakers 21-20).

The actual shoe beneath the bronze was worn in high school by Lloyd Miller (CHS Class of 1951), who was a teacher and athletic director at his alma mater when he donated the cleat.

Both squads were low on personnel that spring, sharing some athletes with other school sports, losing others over fears of infection or injury. Both rosters were heavily spackled with sophomores and freshmen, and the Breakers only had a couple of dozen players.

The teams, once again, will compete this season in separate divisions of the Pacific Coast Athletic League: The Padres will play in the Mission Division, where they were 2-5 last season (3-5 overall), with victories over Gonzales and Soledad, and losses to Gilroy, Santa Cruz, North Salinas, Soquel and Monterey. 

Pre-pandemic, Carmel spent the 2019-20 season in the Cypress Division, where the Padres went 4-2 (with a 6-3 overall record).

High school football teams also have been struggling with dwindling numbers over the past couple of years due to multiple factors, including Covid, as well as parental worries over potential long-term effects of concussions.

“Concern in the Gabilan Division was that it wasn’t a very good place for our ninth graders to learn how to play football and have an opportunity to be successful,” the coach said. “Our juniors and seniors were fine, but the younger guys really struggled.”

Large turnout at CHS

High school football teams also have been struggling with dwindling numbers over the past couple of years due to multiple factors, including Covid, as well as parental worries over potential long-term effects of concussions.

But Carmel High had a reversal of fortune this fall: Anderson not only has a 45-man varsity roster, but another 50 students playing JV football.

See SPORTS next page

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“That’s a really large number for us, for sure, and only seven of our players are seniors,” he said. “What I’m seeing so far is that these kids are having a good experience, a good time. We’re having a higher retention rate, which is critical for a school our size, and these guys are going to develop and learn as the season goes forward.”

Only five returning Padres were starters last year, a group led by senior lineman Kevin Zarazua (5-foot-10, 253 pounds), who figures to be Carmel’s defensive field general this season.

“Kevin is a hard worker, a kid who takes in shape, and preparation for the season, very seriously — and he’s durable as a result,” Anderson said. “He made a lot of plays for us last year (including two interceptions, which led the team) and he’s become a great leader as a four-year guy in our program.”

Also returning is senior quarterback Adam Carley, who threw for a team-best 1,331 yards and 11 touchdowns while sharing starting duties with Tristan Staehle (who threw for a team-best 1,331 yards and 11 touchdowns) and he’s become a great leader as a four-year guy in our program.”

“Adam got significant playing time, learned our system, and finished as our starter after (Staehle) got hurt near the end of the season. He started a handful of games,” Anderson said.

Big guys in the trenches

Carley should benefit greatly from the return of two jumbo offensive linemen, center Oscar Weigel (6-4, 260) and tackle Jackson Lloyd (6-6, 285). Both were starters a year ago.

“Oscar was our center and started some games at tackle for us, and he also started as a freshman against Pacific Grove during our two-game season. So he has as much experience as a junior can have in our program right now,” Anderson said.

Lloyd was a rate varsity starter as a freshman last year, and figures to be a force in the trenches for three more seasons at Carmel.

The fifth returning starter, junior Justin LeMastor, caught 17 passes for 193 yards — second-best on the team — and is critical for a school our size, and these guys are going to develop and learn as the season goes forward.”

“Justin has speed and position versatility,” Anderson said. “Not only does he play all of our receiver spots, but he’s also going to play defensive back, a position he’s picked up pretty well.”

The Shoe game is the first of four non-division games on this year’s schedule for the Padres, who only played one — against P.G. — last season, when two others were canceled by Covid concerns.

Also on the docket are back-to-back road games at Gilroy (Sept. 1, a Thursday) and Soledad (Sept. 9), followed by a 2 p.m. home contest against Everett Alvarez on Sept. 17.

Carmel opens Mission Division at 7:30 p.m. Sept. 23 against North Salinas at Rabobank Stadium in Salinas. Other Mission Division opponents will be Soquel, Scotts Valley, Seaside, Monterey, and Monte Vista Christian.

Dennis Taylor is a freelance writer in Monterey County.

Senior Adam Carley led Carmel with 1,331 yards passing. He was a part-time starter at QB last season.

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The cost of college

SOMETIMES WHAT seems to be an inscrutable mystery can turn out to be quite simple — and no better example can be found than the skyrocketing cost of a college education.

In 1979, the average tuition and fees at public four-year schools were $2,040. Today, the average cost of a degree at a four-year public college is $10,480. That means that the cost of a college education has increased by 460% since 1979. This is a staggering increase, and it is not surprising that many students and parents are struggling to afford the cost of college.

The cost of college is not just a matter of financial burden. It is also a matter of access. For many students, the cost of college is a barrier to higher education. This is a problem that we need to address, and we need to do it now.

The cost of college is a complex issue, and there are many factors that contribute to it. Some of the factors include the rising cost of living, the increasing cost of education, and the decreasing availability of financial aid.

In conclusion, the cost of college is a significant issue that we need to address. It is a matter of access, and it is a matter of affordability. We need to work together to find solutions to this problem, and we need to do it now.
Call the sheriff, Dali’s been robbed.

AMONG THE famous visitors to the Monterey Peninsula in the 20th century was the surrealist artist Salvador Dali, who is most frequently remembered for the elaborately complex “The Persistence of Memory,” a time-warping, melting-clock painting he created in 1931. But while in the United States during his last visit, Dali was robbed.

While spending most of their first year in the East, the Dalis bought a limited edition 1941 Cadillac Series 62 convertible sedan. Only 400 were made, and even fewer with the Hydramatic transmission Dali preferred for driving during their entire eight years in America. In the fall of 1941, the Dalis drove the car across the country to meet with Hakon Chevalier, a professor of French literature at UC Berkeley. Dali had been working on his autobiography, “The Secret Life of Salvador Dali,” and he wanted Chevalier to translate it into English. Dali and his wife checked into Hotel Del Monte in August 1941, and Chevalier came there to meet them. The Dalis spent a little over a month as guests at Hotel Del Monte, during which time Dali hosted the legendary party. They returned in August 1942 for a three-month visit, and came back to Hotel Del Monte at the beginning of December.

See HISTORY page 25A.

‘Hidden Faces’

Effective Jan. 1, 1943, Hotel Del Monte was leased to the U.S. Navy, so, as the new year rolled around, the Dalis were moved to rooms in Cottage Row at The Lodge at Pebble Beach. Cottage Row, which was demolished in the 1960s, stood along the 1st Fairway. Other than a brief visit to southern California in January, the Dalis remained at The Lodge until mid-April 1943. They occupied two rooms at Cottage Row, one in which they lived and one in which Dali created his art. He also worked on his only novel, “Visages Caches.”

Leaving for New York in April 1943, the Dalis spent the rest of the year in the East, including several months that autumn in New Hampshire, where Dali worked with Chevalier to translate “Hidden Faces” into English. The Dalis returned to their Cottage Row lodgings in January 1944, and the book was published in June.

A missing Cadillac

Dali spent nine productive months at Pebble Beach that year, with a couple of interruptions from the movie industry. In early February, Jack Warner, head of Warner Bros., commissioned Dali to create a portrait of his wife. The initial sitting was in Beverly Hills, but Dali finished the painting at Pebble Beach with Mrs. Warner going there for further sittings. This work led to Warner contracting with Dali to create a dream sequence for the movie “Spellbound,” directed by Alfred Hitchcock.

Dali’s 1944 visit was also interrupted by the theft of the Cadillac in the early morning hours of June 9, 1944. As Deputy Sheriff Gene Trenner put the facts together, it became clear that Thomas King, who had worked only a few months for the resort and lived in the employee barracks near The Lodge, was the perpetrator. He had self-awareness as she shares captivating tales about her life and times.

She adores toys. “I love making them, love playing with them,” said Gilmore, who is primarily a painter. Among her creations are puppets she sculpts from papier mâché, then hardens with a clear, acrylic coating — medieval characters with jovial faces, rouge on their high cheekbones, dressed to the nines.

Her spectacularly colorful paintings often depict mythical beings — human faces with antlers, or wings, or donkey ears, or hooved feet; snarling griffins with razor-sharp beaks and claws, a ghoulish hulking beauty with human hands, wearing a horned Viking helmet.

Each painting has deep meaning to Gilmore, often about what she perceives as the sad state of humankind in our modern world.

An artist’s duty

“I feel like my duty as an artist is to explain the world around me through my art — not just make a pretty picture,” she explained.

Gilmore also ventures outdoors to paint placid landscapes and seascapes — quickly, before the light changes — a skill she shares with students she teaches at The Pacific Grove Adult School, where she also offers a class in studio art.

She’s taught science-fiction illustration and was an instructor at the Lyceum of Monterey County, the nonprofit organization that offers enrichment classes and academic events to school-aged kids.

“I taught a class at Lyceum (with Sharon Nelson) where we made paperdoll fairies. Then we’d take the children into the backyard to collect twigs, leaves, flowers and rocks, and make little fairy houses,” she said. “And we’d put on music and do fairy dancing, which was super-fun, because they were 5, 6, 7 years old — little fairies, themselves.”

‘A weird little kid’

Gilmore grew up in Hollywood, where she recalls being “a weird little kid,” an unusually observant and imaginative grade-schooler, lying on the deck of a swimming pool watching women’s feet as they walked by, painted toenails in glowing sundals with tall, platform-style heels.

“I remember thinking they looked like dinosaur feet,” she said. “I see their big lipstick and the helmet hair they wore in the late 1950s, and watched the way they acted and talked. I actually remember realizing that I was not only human, like them, but also a female human. And I thought, ‘Oh, no … I’m one of them!’”

She was born Mary Louise Van Deusen, daughter of Clementine Marx Van Deusen, an emerging actress who had a contract at Warner Bros. Studios who traded her career for motherhood.

East Coast society

Gilmore’s father, Lester Van Deusen, was vice president of a meatpacking company in Los Angeles, then built some of the first hardware stores in L.A. and San Francisco. The Van Deusens were also high-society royalty on the East Coast.

Fun fact: Jonathan Van Deusen built Trinity Church in Van Deusen Park… a building made famous after troubadour Arlo Guthrie moved in with his hippie friends. It’s mentioned in his iconic song, “Alice’s Restaurant” — “Alice didn’t live in a restaurant. She lived in a house near the restaurant…”

That church was in a film inspired by the song, and became the Guthrie Center in 1991, supporting...
“cultural preservation and educational achievement,” according to its website.

Early one morning, 25 years ago, Gilmore had moved from Hollywood High into the Chouinard Art Institute, where she remembered out-standing instructors, along with a culture that was decidedly sexist. One teacher, 57 years old, lured a naive, 18-year-old Gilmore to his studio “to see his etchings,” then removed her from his list of scholarship candidates after she resisted his advances.

Disenchanted, she moved alone to Oak-land (expecting oak trees in a rural setting) and enrolled at California College of the Arts, but found it boring and unfulfilling. She dropped out after a semester and spent time homeless, sleeping on friends’ floors. By 1970, at 22, she was an unhappily married mother of a newborn, the first of her two daughters — Rose Goldste, a registered nurse, and Eva Anderson, who had a career as a manicurist.

She dropped out after a semester and spent time homeless, sleeping on friends’ floors. By 1970, at 22, she was an unhappily married mother of a newborn, the first of her two daughters — Rose Goldste, a registered nurse, and Eva Anderson, who had a career as a manicurist.

She said she pays little attention these days to the business side of art, rarely selling or showing her work, and has no inter-net presence, creating entirely for her own pleasure.

Dennis Taylor is a freelance writer in Monterey County. Contact him at scri-belasuire@gmail.com.

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the overnight shift on the front desk and had clocked in at 11 p.m. on June 7. Sometime between 12:30 and 2:30 in the morning, King stole $2,000 from the company safe, abandoned his post, and made his getaway in the Dalí Cadillac. Four weeks later, the car was found parked in the garage of the Peckwick hotel in San Francisco and was returned to the Dalís, no worse for the wear. King was arrested in Tacoma, Wash., in September. He pleaded guilty, but his request for probation was denied and the judge sent him to San Quentin for two counts of grand theft.

In August, Dali made a quick trip to Hollywood to deliver the portrait of Mrs. Warner. Before leaving for New York to exhibit the work he had created that year, he gave an interview to Monterey Herald writer Marvin in Londahl who reported, in part, ‘Dali says he will ‘always work’ in California, preferably on the Monterey Peninsula, because it reminds him of his native Spain and because here people do not disturb him.’ He left for New York in October and returned to Pebble Beach in January 1945.

Call the cops … again

In 1945, Dali lived and worked at Cottage Row from January until November. In the midst of that stay, two atomic bombs were dropped on Japan. In his 1977 book, ‘Dalí – Unspeaking Confessions,’ he wrote, The atomic

LETTERS

From page 22A

of our beloved grandson, Tyler, an extremely brilliant young man who acquired schizophrenia at about age 20. This worst of all mental illnesses is in the family DNA and affects the brilliant ones, the science says. This amazing community actively supported Tyler when he was first confined to CHOMP Garden Pavilion and then to the Monterey Care Unit, for many months. It was CHOMP that provided sponsored care for Tyler, at the costs of staying in a hospital are extensive. We are incredibly grateful for that valuable support, provided by our community for CHOMP on an ongoing basis.

It has been a journey, as my husband and I helped raise many Carr grandkids, as there are so many. A heart-warming photo with a story about the Carr family of 11 was published in the Monterey Herald on Sunday, May 10, 2009, shortly after the family moved to Monterey. The older kids have now grown up, and Tyler had almost completed his computer science major at U.C. San Diego when the schizophrenia began to change his personality.

Tyler’s story became very difficult subsequent to this time as he had many episodes with unruly behavior. In the end, I flew to Portland, Ore., to try to get him released from a psychiatric hospital there.

Indeed, we flew back together to Monterey, and Tyler received excellent mental healthcare treatment. But schizophrenia is the worst mental illness. Lately, Tyler was terrified of being ‘kidnapped’ even though we live at Carmel Valley Ranch — a very safe place. However, the ‘voices’ of schizophrenia are terrifying. And, the dreadful ‘voices’ overcame him, even while taking the strongest anti-psychotic medication. We lost Tyler, as he took his life on Saturday, July 30.

So, this is our story. My wish is that the local press would contact local families before going to print when such tragedy strikes. My family was in the publicity business for more than three decades. His Monterey County history for more than three decades. His email is nbhotelling@msn.com.

 Neal Hotelling has been researching and writing about Monterey County history for more than three decades. His email is nbhotelling@msn.com.

Dali living on ‘Demanterialization Please The Fall of Niens’ in 1947 at his studio on Cottage Row at the Lodge at Pebble Beach, and the finished painting (70.5 by 46 cm) which is part of the permanent collection of the Dalí Theatre-Museum in Figueres, Spain.

explosion of 6 August 1945 shook me seismically.’ He then entered his Atomic Period (1945-1960), as defined by Joan Kroop, curator of the Dalí Museum in St. Petersburg, Fla. who authored a book on the subject.

Dali stayed in New York for the run of an exhibition of 10 pieces he created at Pebble Beach that year and in January 1946, returned to California. He reported to the Disney studios to collaborate on an animated film. They worked on a rough concept and storyboards for the film, but creation led to tension and Dali returned to Pebble Beach in April. The Dalís spent more than five months in Pebble Beach in 1946 and more than seven months in 1947. In 1947, he split his work time between his small studio at Cottage Row, and a larger studio space on the grounds of Col. Harold Mack’s Hacienda, which is now the site of Santa Catalina School on Mark Thomas Drive.

That summer, deputy sheriff Trenner was again called in to help the Dalís. On Oct. 31, 1947, the Dalís returned to the Lodge from a day at the Mack hacienda at 7:45 p.m. and found their suite had been burglarized. A maid had finished cleaning the room at 4:45 p.m. and all was secure. It was clear that the thief or thieves had broken in by prying off a screen and opening an unlocked window.

In addition to several pieces of unique jewelry, the Dalís identified the loss of a $3,000 mink coat, a $1,000 seal coat, and two suitcases, one of which was stuffed with valuable papers including their passports and his art contracts. They set the initial total value of the theft at $31,200, but it could have been much worse. Dali had already sent several finished paintings and trunks of clothes to New York, where they would again spend much of the winter.

As for the jewelry, Dali made color sketches of eight of the pieces, including a $5,000 brooch in rubies and diamonds and a $1,000 lapel pin with a cat design and large diamond.

Ironically, if those original sketches still existed, they’d likely be worth more than jewels that were stolen.

Back to Europe

No record seems to exist of this crime being solved. After wintering in New York for his exhibition, the Dalís returned to Pebble Beach in March 1948 to complete a few commissions and close out his business in California. In June, they left for New York, and then returned to Europe. Of the seven years following his first visit to Hotel Del Monte, Dali spent half that time, roughly 42 months, living and working on the Monterey Peninsula and creating dozens of his best original works.

Neal Hotelling is researching and writing about Monterey County history for more than three decades. His email is nbhotelling@msn.com.
**TO THE EDITOR**

From previous page

...and dying plants, shrubs and leaves makes for a helluva fire-ready terrain.

Is the park district exempt from com-
monly accepted safety standards? Can they not clean a 100-foot swath of ladder fuels lying on the floor of these woods? I've twice written emails and in return received a resounding silence.

I can guarantee the muckety-mucks at the park district wouldn't sleep well know-

ing they and their families were living in such close proximity to this tinderbox.

Alison McFarlane, Carmel Valley

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**DENNIS**

From page 1A

installation of the replacement Dennis statue is surveillance cameras in hopes of catching the criminal, who often-by now the bronze to sell it as scrap. But he's still holding out a little hope that the stolen one

The Dennis Menace statue: “We are still hoping to recover it.”

Monterey police Lt. Jake Pinkas asked those with information about who may have stolen the statue, or its prior where-

We encourage the public to share any credible leads they have on who is respon-

said. “Hundreds of daily visitors enjoy the cheerful welcome by” the Dennis the Menace statute. “We are still hoping to recover it.”

Mary Dave Potter said, adding that the offer still stood as long as Mayor Pro Tem Bobby Richards would share the bill.

Mayor Mayor Dave Potter said, adding that the offer still stood as long as Mayor Pro Tem Bobby Richards would share the bill.

The human body has 206 bones and 600 muscles... sometimes they need attention.

**WELCOME**

From page 3A

Mayo Dave Potter added, saying that the offer still stood as long as Mayor Pro Tem Bobby Richards would share the bill.

The new workers, now Chief Brian Ulsher and interim city clerk Yashin Abbas, they took jobs elsewhere

Gives a Beautiful courtyard garden and an inviting patio is a newly planted pine and two volunteer

According to Dr. Derek Nes, this includes $4,444,956 to the annual payroll, according to assis-

We can help you with that.

**GIVES**

From page 1A

Covid, we looked for win-win opportuni-

To suggest (as the ad did) that the city needs more has been turned into a shelter for home-

The USFS is attempting to ramp up the pace and scale of fuels reduction across national forests to address the extreme overstocking of trees and brush that are so prevalent and lead to devastating wildfires.

Successful fire suppression has resulted in the unnatural accumulation of too many trees and shrubs across the landscape. Cur-

We can help you with that.

**THE TAR OF A ELEEN AUVIL**

Online Estate Auction: September 17, 10:30 am PDT

Turner Auctions & Appraisals is pleased to present artworks from the Estate of Eileen Auvil, noted Carmel artist, on Saturday, September 17. Featuring over 20 lots, the online auction offers paintings, sculpture, works on paper, and more. Auction proceeds go to Pacific Grove’s Spirals Benefit Store, serving local seniors thru the Alliance on Aging.

**THE ART OF ELEEN AUVIL**

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**NEW LETTERS page 13BRE**

Robert Carpenter, Carmel Science is real

In your editorial last week, ‘Nuclear or not’, you cited a study by Princeton Uni-

The Carmel Pine Cone August 26, 2022

The human body has 206 bones and 600 muscles... sometimes they need attention.

We can help you with that.

**GIVES**

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Playing well with others is important no matter your age

BY THE time all the shelter-in-place restrictions were lifted, even the most self-reliant resident of the most remote corner of Big Sur had to be ready for some company. Long before Covid-19, there were studies affirming the necessity of socialization for emotional and physical well-being, but the pandemic put an exclamation point on the perils of isolation.

Because seniors were among those most susceptible to the virus — and because they often live alone — most became quite secluded. Now that things are getting back to normal, re-establishing good relationships should be a priority. Combining socializing with exercise is a great way to do that. Some people do quite well with just a walking buddy or tennis partner, but if you want something more structured, check out classes at senior centers or fitness centers near you.

Dr. Pablo Veliz, a primary care physician with Montage Medical Group, said, “Joining a gym or group exercise class is a great way to address both the social and physical stress” caused by the pandemic. Montage operates two fitness facilities where members can work out together.

The gyms, located in Marina and Salinas, are managed by Chris Range, a certified strength and conditioning specialist with a master’s degree in sports science. He said, “Lots of our population comes to the gym primarily for exercise, but long-term members come for the relationships.” He observed that many people get to know others who come on the same days and times, and that that creates accountability.

Calling just to talk

Friendships with classmates almost always result in increased commitment, as well as fulfilling social needs. “If you miss a class, other people let you know about it,” Range said — but not in a bad way. They’ll just ask where you were, or whether everything’s OK.

CLASSES cont. page 33A
The magic isn’t in the water — it’s in the teachers’ hearts

By ELAINE HESSER

ANYBODY WHO’S ever tried swimming off Carmel Beach or Lovers Point knows that our ocean can be painfully cold. Warm water, on the other hand, has long been regarded as an important part of a healthy lifestyle. Ancient civilizations, including the Romans, Chinese and Japanese knew it. In the 1920s, a middle-aged Franklin Roosevelt used it to help lessen the symptoms of polio, and you can easily find examples of many kinds of hydrotherapy today.

That includes the Monterey Aquatic Therapy Center across from the Safeway in Pacific Grove. On the end of a tiny shopping center that’s also home to Pilates Therapy Center across from the Safeway, the symptoms of polio, and you can easily find examples of many kinds of hydrotherapy today.

It reopened as a therapy center in mid-2021, in spite of Covid, with everyone wearing masks and face shields, even in the water. Silva had enough water credits to remodel a 12-foot hot tub into a warm-water pool, with the help of an investor who believes in her work. Now the center provides therapy and exercise for dozens of senior citizens and more than 100 children every week.

Imaginary bicycles

Exercise equipment lines the wall on one side of the narrow deck around the pool, while calming instrumental music and soft lighting create a bit of an island vibe. The water is kept between 92 and 94 degrees, and it ranges from 3 feet, 6 inches deep at one end, to 5 feet, 6 inches at the other.

There are classes Monday through Friday for people with arthritis, taught by instructors certified by the Arthritis Aquatic Foundation. Silva invited me to check one of them out, and I took her up on it. For 50 minutes, three other students and I used pool noodles, small free weights and buoyant dumbbells as we pedaled imaginary bicycles, got in some bicep curls and did exercises involving pushing the floating dumbbells down into the water.

At one point, a student lost her balance and her face dipped momentarily into the water. Before anyone else could react, Silva — fully clothed — jumped into the pool and was by her side. As the slightly chagrined woman quickly regained her footing, she said, “I can swim,” to which Silva responded, “Better safe than sorry.”

The whole session was thoughtfully designed to protect students from injury. If it hurts to do something, don’t do it, said Silva. If 2-pound weights are too much, try 1-pounders, or just do the movement without them. It was a good workout, with a little cardio and lots of strength, balance and flexibility training, and remarkably adaptable it was to each person’s needs.

The center also offers Aqua Yoga classes, which focus on increasing flexibility, helping with joint pain, range of motion, balance, relaxing and breathing by adapting yoga poses to the water.

Other clients come for one-on-one sessions that Silva and her employees — mostly CSUMB kinesiology students and graduates — provide. In addition to working with seniors and people recovering from injuries or illnesses, Silva spends a lot of time focusing on kids with special needs.

Close to home

That passion was acquired at home. Silva has four children. In addition to Destinee — who were deaf and is a student at Carmel High School, and her two young-est children, Luna and Blaze, who are autistic. “They prepared me for this job. They opened my sensitivity and got me to push past my discomfort,” noted Silva.

She learned very early in her lives that autistic children often wander away from home.

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WATER cont. on page 38A
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WHETHER YOU’re purchasing fresh strawberries at the farmers market, or checking out the produce at Earthbound Farms, odds are good that you’ve heard some of our local bounty referred to as “superfoods” — a term often used interchangeably with anti-inflammatory foods.

What do those terms mean? Superfoods aren’t anything scientific — the word is just an informal term to refer to things that pack a wallop of vitamins and other nutrients, like the nearly inescapable kale. But an anti-inflammatory is something more specific, and to understand what, it helps to understand inflammation.

It may be surprising that some inflammation can be good — a mechanism to help people heal. However, its helpfulness depends on whether it’s acute or chronic. Acute inflammation is what healthcare professionals call “the good kind.” Think about getting a cut or breaking a bone. The redness, tenderness and swelling indicate acute inflammation at work, as the body sends blood, with oxygen and white blood cells, to the injured area to prevent infection and begin the healing process. Acute inflammation is so named because it is a short-term mechanism that goes away when healing is complete.

Then there’s chronic inflammation — the type to be concerned about, not only because chronic inflammation occurs over months, years or even decades, but because it happens internally and is not nearly as obvious as acute inflammation.

It’s dangerous because its presence causes the production of free radicals — harmful substances that damage cells, tissues and organs as they move through the body. If there is enough damage, chronic diseases like high blood pressure, type 2 diabetes, some cancers and even early-onset dementia can occur. As people age, their bodies’ cells become less resilient, increasing the risk of chronic illness.

Delicious do’s
Inflammation — and free radicals — can come from poor diet, lack of exercise, smoking, drinking alcohol and environmental factors like poor air quality. As scary as all of this sounds, it’s possible to prevent and even fix chronic inflammation and lower the risk of disease. This is where an anti-inflammatory diet, high in (but not exclusively consisting of) antioxidants, comes in. Antioxidants are compounds that fight inflammation by neutralizing and eliminating free radicals that damage cells.

They’re found in foods that contain mono- and polyunsaturated fats, including omega-3s, along with vitamin E, vitamin C, selenium, manganese and beta carotene. Here are the most common foods found in an anti-inflammatory diet:
- Fruits and vegetables
- Beans, peas, and lentils
- Nuts and seeds

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While not everyone meets a new BFF, Range said that some people “just enjoy the interaction at the front desk.” During the pandemic, he manned the phones eight or nine hours a day, sometimes getting as many as 40 or 50 calls from people “getting a weekly update” on when the gym might reopen.

Even after he told them they were more likely to hear about businesses reopening on the news, they persisted. “They’d say, ‘Thank you for picking up the phone. It’s good just to talk to you.’”

Just 150 minutes

Range said that “human beings, from a social standpoint, need three areas of interaction — somewhere to go, something to do and someone who cares. That’s a big deal. People were itching to get back.” He said that there were initially some “short tempers and angst,” but those quickly dissolved in the happiness of getting into a regular exercise routine again.

Whether you’re returning to your gym or are thinking about getting into a new exercise class, Range offered some guidelines. “To be most effective, an exercise program has four components,” addressing strength, cardiovascular fitness, balance, and flexibility and joint health, he said.

The recommendations for cardiovascular exercise for adults 65 and older — from the Centers for Disease Control and the American College of Sports Medicine — are that everyone should get 150 minutes a week of moderate-intensity activity. Range said that usually translates to 30 minutes, five times a week, of something like “a brisk walk, with more energy than a regular walk, but so you can still talk without huffing and puffing.” Or, if you’re up to it, you can opt for 75 minutes a week of vigorous exercise, like hiking or biking up hills at a pace that makes it hard to maintain conversation.

Seniors should also make sure they have two days a week of strength training and three days of activities that improve balance, he added. Many people find weight machines and free weights intimidating, but there are all sorts of workouts and classes that use small dumbbells or resistance bands — or your own body weight — to build strength. Organized classes have the added benefit of allowing you to “follow the leader,” and feel more confident, Range said.

He suggested core balance classes, yoga, tai chi, Pilates and aquatics. Montage also offers a healthy back class, “to support bone and joint health.” Other local facilities specialize in yoga, Pilates or workouts that use a ballet barre to help with balance.

Wherever you decide do group workouts, Range gave a few tips for getting the most out of them. Arrive 10 to 15 minutes early. In some facilities, latecomers are not allowed into class, and even if they are, it can be distracting for everyone.

When you come to a class for the first time, introduce yourself to the instructor. “They should ask about your fitness level and experience, and may introduce you to others in the class,” Range explained.

You should ask where the best spot for a beginner is — while you might not want to be front and center, visibility is important. You should be able to see the instructor, and he or she should be able to see you. If you’re hard of hearing, make sure the instructor is aware of that. Also, you might want to be close to a wall or barre for some moves to help with balance, especially while you’re learning.

Don’t compare yourself to other class members — the idea is for everyone to support each other in developing improved fitness levels.

What if you’re just not sure if a group workout is right for you? “If you’re really apprehensive, you may want to observe” a class before joining it, suggested Range. And don’t worry, only do the locker rooms smell better than the ones in high school, but the other students are way nicer, too.

CLASSES from page 29A
CHEF DAN Elinan’s recipe for Merguez Black Mussels illustrates several interesting points about healthy cooking and eating.

Let’s start with the merguez sausage. It’s a North African food, usually made from lamb. In this recipe, a little bit adds flavor and texture, but if you’re not a fan of lamb, you can substitute something milder. While you should always taste food before adding salt, that’s especially true of recipes with cured or preserved meats like sausage.

When you buy mussels, don’t use those with cracked or broken shells. Live mussels should close when you tap on them — otherwise, don’t use them. Once you bring your mussels home, store them in the refrigerator in a container loosely covered with damp paper towels. Don’t cover them in water or put them in a plastic bag — they need air. Cooks Illustrated says that live mussels will keep for three or four days.

CHEF DAN Elinan, Hyatt Regency Monterey

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August 26, 2022

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MUZZLE cont. from page 34A

days, but it’s simpler to buy them the day you’re going to cook them. Make sure you scrub them thoroughly and remove any beards (the bristly threads that anchor the mussels to rocks).

For those who choose not to consume alcohol (even when it’s cooked, small amounts remain) you can substitute chicken or vegetable broth and a lemon juice.

Finally, this recipe shows that you don’t have to spend hours in the kitchen to make something different and flavorful. You could easily have this on the table in 30 to 45 minutes. Serve with plenty of napkins and a bowl so people can discard the empty shells.

2 pounds fresh black mussels, scrubbed and beards removed
1 cup white wine, preferably with high acidity, such as sauvignon blanc
Mint leaves
4 sprigs fresh parsley
Salt and pepper

Good quality extra virgin olive oil for drizzling.

Add small amount of olive oil, onion and fennel to a large pot, season with salt and pepper, and sweat slowly over medium-low heat for about 10 minutes, until soft and translucent.

Don’t eat any unopened mussels.

Garnish with parsley and mint, add a drizzle of extra virgin olive oil, serve with warm bread.

Serves 2-4 people

Ingredients:
Olive oil for cooking (use sparingly)
1 small yellow onion, diced small
1 small bulb fennel, diced small
3 cups cherry tomatoes, halved
1 teaspoon chili flakes

1/2 pound merguez sausage, casing removed

Chef Bio

DANIEL ELINAN has been the executive chef at The Hyatt Regency Monterey since November 2018. An alum of the Culinary Institute of America in Hyde Park, N.Y., Elinan’s first job after graduation was at acclaimed chef Eric Ripert’s Michelin three-star restaurant, Le Bernardin in New York City. Before coming to Monterey, he held executive chef jobs at the Hilton Virginia Beach, Omni Shoreham Hotel in Washington, D.C. and Hyatt properties in Key West Resort and San Francisco. His international experience includes Hungary, the Czech Republic, Hong Kong and Shanghai.

Throughout his career, Elinan has worked under three Michelin star-rated chefs and has been a guest chef at the prestigious James Beard House in New York City. Instead of a signature dish, he said he has “signature sauces, spice blends, powders and techniques that can be used in the creation of a variety of entrees and accompaniments.”

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WATER cont. from page 30A

their homes or caregivers. This is obvious- 
dly dangerous, but it surprised Silva to learn 
that more than 90 percent of deaths that 
occur when an autistic child gets lost are 
caused by drowning.

“Yeah, don’t know what the water is,” she 
explained, and they have no idea what 
to do when they jump, walk or fall in. But 
water can also be a soothing friend to a 
child who is easily upset by noises, itchy 
clothing or other things that most people 
find merely distracting.

Silva has taken 1,000 hours each of 
massage and aquatic bodywork instruc- 
tion. Among other modalities, she practic- 
es Watsu, a form of therapy that takes its 
name from shiatsu massage and water. In 
Watsu, the therapist holds the client and 
pulls them through the water while extend- 
ing or twisting limbs, perhaps massaging 
pressure points, with the goal of inducing 
deep mental and physical relaxation.

There are some studies that validate 
Watsu’s effectiveness in relieving pain and 
reducing stress, but not much research has 
done. However, Silva said the chil- 
dren she’s worked with have found it 
extremely soothing, adding that there was 
a nonprofit in San Diego that uses it to 
work with veterans who have PTSD.

One mom, Jeanie Gould, came into the 
center to learn more about the Watsu ther- 
athy her special-needs daughter enjoyed. 
“She says she feels like a mermaid when 
she comes here,” said Gould. Silva took 
her into the pool, strapped some floats 
on her legs and demonstrated the tech- 
nique for 20 minutes (she said a normal 
session is about 50 minutes). Just watching 
it was mesmerizing, and Gould said after- 
ward that she understood why her daughter 
liked it so much.

At the other end of the pool, another in- 
structor worked with “Mr. Steve,” a stroke 
 survivor of 33 years. His wife has a Ph.D. 
in nursing and brings him in regularly.

“They are so welcoming to families here,” she commented. “They take a holis- 
tic approach to the patient and invite us to 
be present, get in the water, and talk about 
any concerns we have.”

The pool is also used for Swin Angel-
uf training, adaptive swimming lessons 
for children with special needs from au- 
tis to Down Syndrome and other devel- 
 opmental issues — and Silva hopes it will 
help make students safer around water.

She wants to expand the facility’s reach 
by welcoming people from nearby schools, 
senior care facilities, and groups who work 
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To learn more about the aquatic center or 
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**Superfoods** cont. from page 32A

- Cooking oil such as olive or canola
- Salmon and other fatty fish
- Many of these foods come from plants, and it’s been proven that a diet with lots of plants is associated with better health and longer lifespan, specifically because of these properties. Salmon and fatty fish contain omega-3s, an essential type of antioxidant and fat that the body cannot make it on its own — it has to come from food. Omega-3s have also been shown to improve brain and heart health.

**Moderation is key**

Of course, for every roster of healthy foods, there’s always a corresponding list of things to avoid, like first, avoid foods that promote chronic inflammation, including excess sugar, saturated fat and/or trans-fats. You don’t have to avoid them completely, but try to enjoy these less often.

- High-fat meats such as hot dogs and highly marbled beef and pork
- Deep-fried foods
- Baked foods and pastries
- Full-fat dairy
- Added sugars
- Alcohol

The compounds that give carrots their rich orange color or blueberries their beautiful purplish hue are antioxidants. Each pigment represents a different antioxidant with a different function in the body. That’s why dietitians encourage people to “eat the rainbow” and consume all colors of fruits and vegetables to get a range of antioxidants. Also, try to make no more than 25 percent of your plate animal protein and the other 75 percent plants.

The bottom line? No one “superfood” can improve health. We need a variety of anti-inflammatory foods in the diet to fight chronic illness. But simply having an anti-inflammatory diet doesn’t cancel out things like such as smoking, drinking and a lack of exercise. Talk to a registered dietitian or your doctor for specific recommendations on an antioxidant-rich eating plan.

Fuad Al Qudsi is a registered dietitian with a bachelor’s degree in human nutrition and food science.
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This Week

Live Music, Clubs and Events

‘Midnight at the Oasis’ singer headlines West End Celebration music lineup

SAND CITY may have once been a mostly industrial area, but in recent years it’s been transformed into a hub of creativity, and this weekend’s West End Celebration proves it.

By CHRIS COUNTS

Besides offering a marketplace for a talented array of artists and artisans, the 21st edition of the street fair provides stages for more than a dozen mostly local musical acts. The headliner is singer Maria Muldaur of “Midnight at the Oasis” fame, along with The Sun Kings — a Beatles tribute act — The Chuck Brewer Band, Wrock, infoose, Next Exit, Wolf Jett, singer and guitarist Cindy Alexander, The Katherine Lavin Band, Jon Grillin & the Lightfitters, singer and guitarist Hayley Jane, Mezz 83, The ll-keepers, Dirty Cello, singer and guitarist Adrea Castiano, multi-instrumentalist Gary Meek, and many others.

The West End Celebration, which runs Saturday from 11:30 a.m. to 5:30 p.m. and Sunday from noon to 5 p.m., is free. For a complete rundown of musical events, artists and vendors, go to westendcelebration.com.

Singers help out students

To raise money for local scholarships, three singers — Leberta Loral, Yolanda Mitchell — perform a fundraising concert Tuesday at the Carmel Woman’s Club. The concert begins at 7 p.m. The Carmel Woman’s Club is located at San Carlos and Ninth. Tickets start at $50, and proof of vaccination is required.

Jammin’ at the Embassy Suites

At the Embassy Suites in Seaside Sunday, an afternoon See MUSIC page 47A

The Andrea’s Fault Duo (left) plays jazz and blues Saturday at the Hyatt Regency in Monterey. Wolf Jett of Santa Cruz (center) serves up “cosmic mountain music” Saturday at the West End Celebration in Sand City. Singer and guitarist Haley Jane (right) rocks out Friday at the Rio Grill and Sunday at the West End Celebration.
Letting good times roll, enjoying coffee cake, and trying new cocktails

“LAISSEZ LES Bons Temps Rou- ler” means “Let the Good Times Roll,” and that’s what organizers of a Sept. 10 fundraiser benefiting the Monterey County Sheriff’s Office hope people will do.

Hosted by the Monterey County Sher-

iff’s Advisory Council, the event will “celebrate the culture and music of New Orleans” while raising funds to support the sheriff’s office.

Red Beans & Rice and the band Light-

ouse, will play on the Payton Stage at the Monterey Fairgrounds. Spicy Roy’s Caribbean Grill will provide the food, and Galante Vineyards will supply the wine, all of which will be available for purchase at the concert. Jack Galante is a longtime member of the council and supporter of the sheriff’s office. Laissez Les Bons Temps Rouler will take place at the Monterey County Fair-

grounds from 4 to 7:30 p.m., and guests should enter through Gate 5. Tickets are $35 plus $3.77 in fees through Eventbrite.com. Galante Vineyards Wine Gang members should con-
tact the winery directly for an event package by emailing wine@galantevine-

yards.com or calling (831) 624-3800.

Café Carmel birthday

Sarah Cook has only owned Café Car-

mel for a little more than three years, but the Ocean Avenue spot has been around for decades. On Aug. 30, she’s celebrating the business’ 70th birthday by giving a free piece of coffee cake to everyone who visits between 3 and 4 p.m.

In 1952, the Wishart family opened a bak-

dery in a 1920s building on Ocean, and it became a local institution well known by locals, many of whom craved its signature coffee cake. Now, those who missed the first time around will get their chance to see what all the fuss was about.

Also on Tuesday, cus-

tomers can enter to win a free 8-inch birthday cake to receive on a future date. Café Carmel is on the north side of the street between Mission and San Carlos streets. Open from morning until night, the café offers breakfast, lunch, snacks, dinner and sweet treats, with takeout available online, too.

For more information, visit cafe Carmel.com or call (831) 624-3870. See FOOD next page

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Soup to Nuts

By MARY SCHLEY

Sarah Cook, owner of Café Carmel, will celebrate the Ocean Avenue business’ 70th birthday by handing out free coffee cake between 3 and 4 p.m. Aug. 30.
J. Lohr honored

J. Lohr Vineyards & Wines was named one of Wine & Spirits Magazine’s Top 100 Wineries of 2022 in a ranking of the world’s best. “Winners were selected based on the exceptional quality of their wines and their performance in the magazine’s blind-tasting process,” according to the winery’s publicist, and Wine & Spirits has produced the list for 18 years. “As one of the acclaimed wineries that performed at the top of Wine & Spirits’ tastings, J. Lohr will participate in the magazine’s annual Top 100 Tasting in San Francisco on Oct. 13.”

Word is the magazine’s tasting panels were impressed with J. Lohr’s competitive place in the region and found that the wines “showed off their regional distinctions beautifully.”

In compiling the Top 100 list, the editorial team tasted and assessed 10,000 wines from around the world. Among those who made the cut were 23 wineries from California, including nine from the Central Coast.

Jerry Lohr planted his first vineyards in the area in 1972 and expanded to Paso Robles in the mid-1980s, an enterprise that now includes more than 1,400 acres under cultivation in the Arroyo Seco and Santa Lucia Highlands AVAs in Monterey County and more than 2,600 acres in Paso Robles.

President and CEO Steve Lohr noted the Wine & Spirits honor comes as the family-run winery is preparing to celebrate its 50th anniversary in a couple of years. “We have always taken great pride in crafting wines that express the charm and character of our home on the Central Coast, so it’s particularly gratifying to be singled out for making wines that embody the essence of our regions,” he said.

Other Central Coast wineries that made the cut include Au Bon Climat, Calera, Chanin Wine Co., Eden Rift, Fess Parker, Ridge Vineyards, Samsara and Tablas Creek. Released Aug. 16, the Top 100 list also highlights wineries in France, Germany, Austria, Hungary, Canada, Greece, Italy, Spain, Portugal, Lebanon, South Africa, Australia, Argentina and Chile, as well as in New York, Oregon and Washington. To find the winners, visit winemagazine.com/news/wine-news/announcing-the-top-100-wineries-of-2022. For more about J. Lohr, go to jlohr.com.

J. Lohr Vineyards & Wines

831-901-3175 • conigliodeli.com

Open daily 10am to 5pm

750 Cannery Row, Suite 108, Monterey

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FOOD & WINE

From previous page

ditions and their families. The organization was selected by the woman’s family in collaboration with Alvarado Street Brewery.

The sour ale will be available at Alvarado Street Brewery’s Carmel Plaza location for as long as supplies last, likely the next four to six weeks, according to HR director Kathleen Johnsen, who said Rae’s “sunny personality and positive vibes are missed daily.”

“It is a sour ale with mango and cherry — full of flavor, but easygoing — a sour ale that is sure to bring a smile to your face,” she said. “Just like Rae.” For more information about the beer, call (831) 277-7935. Alvarado Street Brewery & Bistro is located in Carmel Plaza at Junipero and Ocean and is open daily. Go to ask beer to learn more.

Fair margaritas

Monterey County Fair goers hoping to sip margaritas alongside their corn dogs and funnel cakes will be delighted to learn that this year’s event, which runs Sept. 1-5, will have a cantina bar tent featuring El Jefe Tequila.

El Jefe Tequila Cantina will be open every day during regular fair hours and will feature three signature cocktails, including the popular nitro draft margaritas often found at local events. The cantina will also have a shaded area with picnic benches, string lights, games and music, for extra comfort and atmosphere. The bar will be located on the lower mid-way past the ever-popular racing pigs.

Fair tickets are available at montereycountyfair.com/ fair-tickets. Sept. 1 is Military Appreciation Day, offering free admission to all active duty military and veterans, as well as their dependents, with proper identification.

Sweet deal

Carmel Mission Inn and Shearwater Tavern are working with Jake Reisdorf’s Carmel Honey Co. to celebrate National Honey Month throughout September. The hotel is offering guests opportunities to enjoy locally harvested honey in two themed cocktails and ice cream, and is donating some proceeds from a stay package to an organization that benefits area beekeepers.

Shearwater Tavern, the hotel’s bar and restaurant, is serving two honey-infused cocktails: Lavender Fields, described as “a heady combination of Bombay Sapphire Gin, fresh lemon, fragrant lavender, and of course, local honey;” and the Uncle Buck, with Jameson Irish Whiskey, local honey, lemon, ginger and a smoky tincture. The featured cocktails go for $16 apiece.

Locals looking for a staycation could partake in the Don’t Worry, Bee Happy package, which starts at $259 per night for accommodations in a stylish guestroom or suite, two Lavender Fields or Uncle Buck cocktails at Shearwater Tavern, a scoop of Revival’s locally produced Bees Knees ice cream and a Carmel Honey Company gift.

Part of the sales of the package will benefit Project Apis m., which is dedicated to the health of honey bees.

See WINE next page
Besides its history, culture, scenery and great weather, one of the things that makes the Monterey Peninsula so wonderful is its outstanding business community. But who are the hard-working people behind all those amazing shops, restaurants and service providers? We will answer that question in our November 11 edition —

Don’t miss a chance to be a part of it

CONTACT YOUR REP TODAY!

Jung Yi-Crabbe • (831) 274-8646 • jung@carmelpinecone.com

Meena Lewellen • (831) 274-8655 • meena@carmelpinecone.com

Jessica Caird • (831) 274-8590 • jessica@carmelpinecone.com

When he’s not out adventuring with friends like Ethan Hare, Jack Galante (right), helps raise funds for the sheriff’s office as a longtime member of the Monterey County Sheriff’s Advisory Council.
Jazz Jam features some of the Monterey Peninsula’s finest musicians, including singer Lauri Hofer-Romero, keyboardist Gary Meek, bassist Joe Dolister and drummer Andy Weis — along with some surprise guests. “Lee Durley has put together a terrific house band to lead off our next jazz jam,” said former KSBW weatherman Jim Vanderzwaan, who co-hosts the jazz jams with Durley.

The gathering will happen in the hotel’s atrium. “That means more seating, room for dancing and likely more local musicians dropping by to play a few tunes,” Vanderzwaan added.

The music starts at 1 p.m. Embassy Suites is located at 1441 Canyon Del Rey Blvd.

Smooth jazz from Canada

A three-time winner of the Canadian Smooth Jazz award for Guitarist of the Year, Jesse Cook plays Saturday at the Golden State Theater in Monterey. A native of Paris who grew up in Toronto, Cook won a Juno Award — Canada’s equivalent of a Grammy — in 2001 for Best Instrumental Album. Showtime is 8 p.m. Tickets start at $35.

The theater is located 417 Alvarado St. Call (831) 649-1070.

Live music Aug. 26–Sept. 1

Barrel — singer and guitarist Rick Chelew (’60s folk, Friday at 5 p.m.) San Carlos and Seventh, (831) 626-1400. Bernardus Lodge & Spa in Carmel Valley — pianist Michael Culver (jazz, Friday and Saturday at 6 p.m.), singer and multi-instrumentalist Casey Wicks- strom (rock and blues, Saturday at noon), pianist Joe Indence (jazz, Saturday at 6 p.m.), guitarist Gil Cadilli (jazz, Sunday at noon), singer and guitarist Scott Slaughter (Tuesday at 5:30 p.m.) and singer and guitarist Richard Devineck (classical, Wednesday at 5:30 p.m.). On Highway 1 24 miles south of Carmel.

Big Sur River Inn — singer and gui- tarist Rick Chelew (’60s folk, Wednesday at 6 p.m.) and Paige Too (jazz, Sunday at 1:30 p.m.). On Highway 1 24 miles south of Carmel.

Cibo restaurant in Monterey — The Dave Holodloff Duo (bluegrass and jazz, Sunday at 7 p.m.), singer Lee Durley and pianist Bill Spencer (jazz, Tuesday at 7 p.m.) and The Ben Herod Trio (jazz and swing, Wednesday at 7 p.m.). 301 Alvarado St.

Cur’s Sportsman’s Club in Seaside — singer and guitarist Tony Miles (Sunday at 4 p.m.). 594 Broadway Ave.

Cypress Inn — singer and pia- nist Dino Vera (jazz, blues and rock, Friday at 7 p.m.), pianist Gregory Loktionov and singer Debbie Davis (cabaret, Saturday at 7 p.m.), The Andrea Carter Trio (jazz and blues, Sunday at 11 a.m.), guitarist Richard Devineck (classical, Sunday at 6 p.m.) and singer Lee Durley and pianist Joe Indence (jazz, Thursday at 6 p.m.). Lincoln and Seventh.

Fernwood Resort in Big Sur — Little Wings (indie folk, Thursday at 7 p.m.). On Highway 1 25 miles south of Rio Road.

Folktale Winery in Carmel Valley — singer and guitarist John Vicino (Friday at 4 p.m.), singer and guitarist Kris Angelis (Saturday at 4 p.m.), singer and guitarist Asher Stern (Sunday at 2 p.m.), singer and multi-instrumentalist Joe Kaplow (Monday at 4 p.m.) and singer and guitarist Daniel Cortes (Thursday at 4 p.m.). 8940 Carmel Valley Road.

Gusto Pasta and Pizza in Seaside — singer Lauri Hofer-Romero and guitar- ist Bruce Forman (jazz, Tuesday at 3:30 p.m.). 1901 Fremont Blvd.

The Henry Miller Library in Big Sur — Open Mic Night (“Share your songs, poetry, stand-up routine — or anything else, really — under the stars on our cozy stage under the persimmon tree,” Thursday at 5 p.m.). On Highway 1 28 miles south of Rio Road.

Hyatt Carmel Highlands — singer and pianist Dino Vera (jazz, blues and rock, Saturday and Thursday at 7 p.m.). 120 Highlands Drive.

Pangaea Grill serves Breakfast starting at 8 am everyday!

Send checks (no VENMO) to Liz Passanisi to P.O. Box 3161 Monterey, Ca 93942 in the amount of $100.00 per person.

Please include your name and the name of your guest if you have one. Guest list at the door. All tickets must be purchased by SEPTEMBER 1st, 2022. NO REFUNDS! Dress code: Country club casual ... absolutely NO JEANS!

Please include Paige Too’s name if you have one. Please don’t forget your reservations early!

Singer and guitarist Anthony Ayati takes the stage Saturday at the Salty Seal Pub in Monterey.

See LIVE next page

Cibo

One of the most dramatic vineyards in the state — Wine Enthusiast

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LIVE
From previous page

Hyatt Regency Monterey Hotel — singer and multi-instrumentalist Casey Wickstrom (rock and blues, Friday at 5 p.m.). Andrea’s Fault Duo (jazz and blues, Saturday at 5 p.m.) and singer and guitarist Daniel Cortes (Wednesday at 5 p.m.).

Julia’s Vegetarian Restaurant in Pacific Grove — mandolinist Dave Holodiloff (bluegrass and jazz, Friday), singer and guitarist Kevin Smith (Saturday), singer and guitarist Brett Freeshour (Sunday) and singer and guitarist Zack Freitas (Monday), keyboardist Michael Martinez (Tuesday), singer and guitarist Talmon Owens (Wednesday) and singer and guitarist Rick Chelew (‘60s folk, Thursday). All shows start at 7:45 p.m., 1180 Forest Ave, Suite F.

The Inn at Spanish Bay in Pebble Beach — The Andy Weis Band with pianist Bill Spencer and bassist Pete Lips (jazz, Friday at 7 p.m.) and The Andy Weis Band with pianist Gary Meek and bassist Pete Lips (jazz, Saturday). 2700 17 Mile Drive.

Intercontinental Hotel in Monterey — singer and guitarist Adrea Castiano (Friday at 6 p.m.), flutist Kenny Stahl (jazz, Saturday at 9 p.m.), singer and guitarist Daniel Cortes (Saturday at 6 p.m.) and guitarist Terrence Ferrell (Latin music, Sunday at 9 a.m.). 750 Cannery Row. La Playa Hotel — The David Morwood Band (jazz, Saturday at 7 p.m. and Sunday at 4 p.m.) in Bud’s Bar, Camino Real.

The Links Club — Songs Hotbox Harry Taught Us (“Big Sur country.”) Friday at 7:30 p.m.). On the first floor of Carmel Plaza at Mission and Ocean.

The Lodge at Pebble Beach — singer and guitarist Daniel Cortes (Friday at 6 p.m.), singer and multi-instrumentalist Casey Wickstrom (rock and blues, Saturday at 6 p.m.) and singer and guitarist Scott Slaughter (Sunday at 6 p.m.). In the Terrace Lounge at 1700 17 Mile Drive. Lucy’s On Lighthouse in Pacific Grove — The New Shock Waves (“psychedelic surf-rock.” Sunday at 2 p.m.). 1220 Lighthouse Ave.

Massa Tasting Room in Carmel Valley — singer and guitarist Rick Chelew ‘60s folk, Sunday at noon). 69 W. Carmel Valley Road.

Midici Pizza in Monterey — singer Julie Capilli and guitarist Bob Biss (jazz, Sunday at 5 p.m.). 467 Alvarado St.

Mission Ranch — singer and pianist Maddalena Estrom (jazz and pop, Friday through Sunday at 5 p.m.) and pianist Genady Loktionov (jazz, Monday through Thursday at 5 p.m.). 28270 Dolores St.

Monterey Plaza Hotel & Spa — singer and pianist Scott Brown (jazz and pop, Friday and Saturday at 6 p.m.), pianist Joe Indence (jazz, Sunday at 6 p.m.), singer and guitarist Daniel Cortes (Tuesday at 6 p.m.) and singer and multi-instrumentalist Casey Wickstrom (rock and blues, Wednesday at 6 p.m.). 404 Cannery Row.

Puma Road at Portola Plaza in Monterey — singer and guitarist Zhon (Friday at 5 p.m.), singer and guitarist Tom Fala and singer Kate Miller (Saturday at 5 p.m.), singer and guitarist Bell (jazz, Sunday at 5 p.m.). 281 Alvarado St.

Rio Grill — The Haley Jane Band (rock, Friday at 5 p.m.), singer and guitarist Paul Behan (Saturday at noon) and singer and guitarist Daniel Cortes (Sunday at noon). In the Crossroads shopping center.

The Sardine Factory in Monterey — singer and multi-instrumentalist David Conley (pop and rock, Friday and Saturday, Tuesday through Thursday at 7:30 p.m.). 701 Wave St.

The Salty Seal Pub in Monterey — Matt Mash & The Messengers (funk and reggae, Friday at 8 p.m.), singer and guitarist Anthony Arya (Saturday at 8 p.m.) and singer and guitarist Dan Frechette (Sunday at 7 p.m.). 653 Cannery Row.

Sly McFly’s in Monterey — 3 Mile Smile (classic rock, Friday at 9 p.m.) and The Joint Chiefs (tcb and funk, Saturday at 9 p.m.). SkyPark (pop and rock, Sunday at 9 p.m.) and 5 Star (rock and soul classics.” Wednesday at 9 p.m.). 700 Cannery Row.

Tarp’s in Monterey — singer and guitarist Kevin Pfeffer (Friday at 5 p.m.), singer and guitarist Johan Sotelo (Saturday at noon) and singer and guitarist Adrea Castiano (Sunday at noon). 2999 Highway 68.

Trailside Cafe in Carmel Valley — singer and guitarist Cisco Jim (country, Friday at 6 p.m.) and saxophonist Roger Eddy (jazz, Saturday at 6 p.m.). 3 1/2 Pino Place.

The Monterey Unitied Methodist Church — The SLO County Stumblers (bluegrass, Saturday at 7 p.m.). 1 Soledad Drive.

Urban Lounge at the Red Lion Hotel in Monterey — cellist Vlad Shvartsman (Friday at 7 p.m.), Foreest Day (alt-pop, Saturday at 7 p.m.) and the Tribe in the Sky’s weekly Community Jam (Thursday at 7 p.m.). 1425 Munras Ave.

Wild Fish Restaurant in Pacific Grove — The Lighthouse Jazz Quartet with pianist Bob Phillips, saxophonist Paul Contos, bassist Zach Westfall and drummer Mike Shannon (Friday, Saturday at 6:30 p.m.). 345 Lighthouse Ave.

ART
From page 19A

artists — Leon Keer, Lorraine Mon, Erika Rosendale, Taylor Reinhart, Stevie Shao and Erik Rutke — created “unique pieces of art that express their personal voices and tell their stories.”

“The artwork will then live on as permanent pieces that create an open-air gallery for all to enjoy,” Vagnini said.

Besides offering stages for several dozen musical acts, the yearly street festival provides a marketplace for more than a hundred mostly local artists and artisans. Vagnini said there’s an influx of new tal-
FICTITIOUS BUSINESS NAME STATEMENT

Date filed: Aug. 5, 2022

FILE NO. 2022 1497

Filing type: ORIGINAL FILING.

Proposed name: CITY OF CARMEIL-BY-THE-SEA, CALIFORNIA

City Clerk

Date of Hearing: September 16, 2022

City of Carmel-By-The-Sea

The Carmel Pine Cone                             49A
August 26, 2022
NOTICE TO READERS: California law requires that contractors taking jobs that total $500 or more (labor or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license number on all advertising.

You can check the status of your licensed contractor at www2.cslb.ca.gov or 1-800-321-CSLB. Unlicensed contractors taking jobs that total $500 or more must in their advertisements that they are not licensed by the Contractors State License Board. PUBLIC UTILITIES COMMISSION requires household movers to include their PUC license number in their ads. Check the PUC at licensing@cup.ca.gov

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROY MICHAEL KAMINSKE

U.S. District Court for the Northern District of California, 450 Golden Gate Avenue, San Francisco, 11th Floor, San Francisco, CA 94118-3159.

Notice of Petition to Administer Estate of Roy Michael Kaminske, Decedent. Notice is hereby given that an application has been made in the Superior Court of California, County of SLO, by the undersigned, Kari S. Kaminske, for an order granting her the powers and duties of a personal representative of the estate of said Roy Michael Kaminske, decedent. The hearing on the application will take place on Oct 10, 2022, at 10:00 am in the Superior Court of California, County of SLO, 375 Main Street, San Luis Obispo, CA 93401. The personal representative should appear at the hearing. Any person who knows or believes that the decedent owned any property not included in the petition may appear at the hearing and state your objections or file a written objection.

FILING DATE: Aug 17, 2022

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